

CREATING A CLEARER VIEW OF KETTERING

focussed on Kettering



Focus-on:

- Painting The Town Purple
- Eat out, Eat well
- Teamwork Trust
- Kettering Business Network
- The Studio
- Traineeships

Money
Saving
Coupons
Inside

DOWNLOAD
OUR FREE APP TODAY



alifornia

Car Wash



FIND US HERE

**Garrard Way
Kettering
01536 415815**

CAR WASH, SELF OPERATED JET WASH & VACUUM CLEANERS

WASH CARD NOW AVAILABLE!

SEE OUR
SPECIAL OFFER
ON THE VOUCHER PAGE

**OPEN 7 DAY'S
A WEEK!**

CAR WASH
FROM
ONLY **£4.50**

Find us on
Facebook

www.california-group.co.uk

twitter

BLIND Sensations

- Roller Blinds
- Roman Blinds
- Venetian Blinds
- Vertical Blinds

Quality Made to Measure Blinds at Great Prices

Blind Sensations has over 25 years' experience making and fitting the best quality made to measure blinds for homes throughout the Northamptonshire area.

FREE No Obligation Quotes
FREE Measuring & Fitting
FREE 12 Month Warranty
Local Family Run Business

**BUY 2
BLINDS
GET
3rd
FREE***

REPLACEMENT VERTICAL SLATS FROM **£2.99** EACH



**WINTER
SALE NOW
ON**



FURTHER DISCOUNTS FOR OAP'S,
NEW BUILDS AND WHOLE HOUSES

**ALL MAJOR CREDIT
AND DEBIT CARDS
ACCEPTED**

To arrange a **FREE** home visit and a no obligation quote
please call **01536 384008**
email: customerservice@blindsensations.co.uk
www.blindsensations.co.uk

*offer excludes Roman Blinds

focussed on

PAINTING THE TOWN PURPLE

In 2017 Kettering was once again awarded the national prestigious Purple Flag status. This award proves Kettering's night time economy has diversified and grown whilst maintaining a high level of safety.

WHAT IS THE PURPLE FLAG?

The Purple Flag accreditation scheme is a "gold standard" for town centres at night - similar to the Blue Flag for beaches - and recognises excellence in managing a thriving, vibrant early evening atmosphere and that a town centre is safe after 5pm.

WHAT DOES IT DO?

Purple Flag aims to improve the public profile of early evening town centres and confidence by offering a safe night out by lowering crime and anti-social behaviour by making clean, safe and inviting environment a criteria for obtaining a flag.

WHAT DID KETTERING HAVE TO DO TO GET THE PURPLE FLAG STATUS?

The scheme, run by Association of Town and City Management (ATCM), is judged on criteria based around five themes that are key to developing and managing successful centres at night.

These themes include • Wellbeing • Safety • Appeal • Diversity • Movement plus Licensing Policies Areas that achieve the required standards of 30 criteria can fly the flag and pride themselves as being vibrant and well managed. Information, statistics and data were collected on the performance of Kettering Town. Two overnight assessments were completed- a "self-assessment" identifying any areas that needed improvement or action, and then a formal assessment carried out by two external Purple Flag Assessors. Successful applicants must go through interim and full renewals every other year.

Kettering Town Centre has held the Purple Flag since 2015 and was successfully re-accredited with the award in June 2017



To find out more visit <http://thisiskettering.com/purpleflag/>



Painting the town purple

Excellence in managing the evening & night-time economy



Banqueting & Conference Suites at the Kettering Ritz

THE RITZ COMPLEX



Hotel, Tapas Bar & Grill



TAPAS

Within the Ritz complex, we boast an award winning Tapas Bar & Grill, whether you're coming in for a cocktail, a bottle of wine, sangria or beer, tapas or grill, your taste buds will be titillated by our aromas and exquisite flavours. Our speciality is authentic Spanish tapas, modern grills and an exclusive Gin Club. Cocktails are our forte and we are proud to offer some of the best wines and spirits in the region. Our head chef has over 25 years' experience and our professional team of managers and waiting staff will cater for all of your requirements.

HOTEL

The R Inn Hotel is part of the Ritz complex and features 25 en suite rooms including 3 suites and a four poster bed. The R Inn Hotel has been awarded an outstanding AA 3* rating.

VENUE

The Banqueting & Conference Suites at the Kettering Ritz is a beautiful contemporary wedding venue located in the heart of Northamptonshire. Nestled in the beautiful Ise Valley, between the towns of Corby, Market Harborough and Kettering, the Ritz complex provides the perfect retreat for you and your guests. Our wedding venue features an amazing breath taking centrepiece Swarovski crystal chandelier, a surrounding glass balcony overlooking the main function room and state of the art LED mood lighting. We are licensed for civil ceremonies and our full time events team are on hand to help plan your special day.

T: 01536 763510

E: EVENTS@KETTERINGVENUES.CO.UK
7 - 15 STATION ROAD DESBOROUGH KETTERING NN14 2RL

www.ketteringvenues.co.uk www.tapasbarandgrill.co.uk www.desboroughhotel.co.uk

@ThisisKettering

/ThisisKettering

@ThisisKettering



Bella Knit
YARN, FABRIC & HABERDASHERY

Stockists for:
Sirdar
Stylecraft
James C Brett
TB Ramsden Yarns

Now in stock!!
King Cole Yarns
also
DMC, Aida, Zips, Ribbons
and much more.

Find us in Corby Town Centre
Corporation Street, 5 Balcony Parade (above Poundland), NN17 1NL
Telephone 01536 267344 :::: e-mail bellaknit@live.co.uk



Save Money With
ENERGY SMART SOLUTIONS

www.energysmart.solutions

AUDIO UNITY

SAT 24th FEB 2018
CORBY TOWN FC - SPORTS BAR
Steel Park, Jimmy Kane Way
Corby NN17 2FB
10PM - 5AM

DRUM AND BASS

£8 on the door all night. 18 and over event. No dress code

ROOM 1

UPGRADE FILTHY HABITS

MC FEARLESS **NEIL BADBOY**
ON 4 DECKS

With support from:
SCOTTY P || **DJ BARBWIRE** (BIRTHDAY SET)
SUFFOKATE UK || **DJ AYVA**

ROOM 2 :: SHTUM & BACK2SKOOL
100% OLD SKOOL JUNGLE AND HARDCORE

DJ NAUGHT'E (Die Hard Set)
DJ TROTTA (Hysteria Exclusive Set)
FUNKDOOBIUS || **OZY** (Exclusive Jungle Set)
KALIST || **BARBWIRE** || **OPM**

Mc's across both rooms:
FEARLESS || **HOOLIGAN** || **DEVIOUS**
DELIGHT || **FLOWZY** || **ZADOK** || **DETRIMENTAL**

WARNING!! DEADLY BASS PROVIDED BY THE MIGHTY RUSTEK RIG

£1.00 OFF
DOOR ENTRY WITH THIS TICKET

AUDIO UNITY DRUM AND BASS **RUSTEK RIG** **BACK2SKOOL** **LETHAL IMPACT RECORDINGS** **SHTUM**



On the 11th October 2017 local businesses and regulators from across Northamptonshire joined together to celebrate the relaunch the Eat Out Eat Well Award. The FREE Award has been designed to reward caterers who make it easier for their customers to make healthier choices when ordering food and is available at Bronze, Silver and Gold level. The scheme is managed by Environmental Health Northants in conjunction with Northamptonshire County Council and Public health.

Partners are keen to support businesses through schemes such as this in an effort to encourage business growth and to provide more choice for consumers with regard to healthier food options. This is increasingly important with obesity levels higher than the England average in Northamptonshire. (Source Healthy Weight, Healthy Lives Strategy 2010-2014)

To find out more about the Award please visit www.kettering.gov.uk and search for 'Eat Out Eat Well'

The relaunch took place at The Ritz Hotel in Desborough, Northants and hospitality was kindly provided by Kris Malde, current Gold Award holder. The event was well attended by a number of businesses, including Northampton General Hospital and Kettering Park Hotel.

Current Gold standard award holders include, Exotic Dining, The Raj, Cransley Hospice Tea Room, Kafe Bloc, 4 Piccadilly Buildings, Cafe Vie, St Marys Hospital in Kettering and The Ritz Inn Tapas Bar and Grill in Desborough



sunseeker
WINDOW · SYSTEMS

Factory & showroom
at 72-84 Station Road,
Burton Latimer,
NN15 5NX

Call today to arrange your
FREE no obligation survey

(01536) 722316

Email: laura@sunseekerwindows.co.uk



- Manufacturer & installer of windows, doors and conservatories
- Over 25 years local manufacturing and repair experience
- Complete repair service available on all locks, handles, hinges, gaskets, and adjustments along with replacement double glazed units.
- Full range of coloured profiles
- Composite doors
- Aluminium Bi-Folds
- French doors & Patio doors



CREATING A CLEARER VIEW OF KETTERING

focussed on Kettering

The UK's one and only unique
ADVERTISING CAMPAIGN
covering **4 MEDIA PLATFORMS**

- MAGAZINE:**
FULL PAGE ADVERT (3 MONTHS)
VOUCHER (3 MONTHS)
- APP:**
BUSINESS LISTING (2 YEARS)
ADVERT & VOUCHER (3 MONTHS)
- L&D RADIO ADVERT**
6 PLAYS IN DAY +
6 IN EVENING
= 1,080 PLAYS
(3 MONTHS)
- ONLINE:**
WEBSITE & FACEBOOK & TWITTER
4 POSTS PER DAY
= 360 PER ISSUE
(3 MONTHS)

ALL FOR ONLY £499
That's just £166.33 per month
QUARTERLY PACKAGE PAID FIRST ISSUE ONLY!

continue with the same package but cheaper:
FULL PAGE £399
HALF PAGE £299
JUST £99 PER MONTH!

To arrange visit contact
Focussed on 07914 392 197

THE SWEATSHOP FITNESS

"We don't make rules, we make warriors! Dare to be awesome"

Wednesdays & Saturdays at Southfields School

ZUMBA FITNESS

STRONG BY ZUMBA™

(H.I.T.T. Class)

Telephone: 07828 698802
www.holliebroad.zumba.com
Email: holliebroad@yahoo.co.uk

Find us on Facebook
the sweatshop fitness

focussed on

Getting to know

Teamwork Trust



A Northamptonshire-based charity and social enterprise is giving adults with learning difficulties, physical and sensory disabilities access to the same chances, choices and opportunities as others.

Teamwork Trust is an award-winning organisation with centres in Corby, Kettering and Wellingborough, where adults with mental health needs, learning and physical disabilities can make new friends, access education and employment experiences and regain self-esteem and confidence in a friendly, supportive environment.

The charity also provides a wellbeing and counselling programme for members of the public and the wider community, a thriving commercial business outsourcing facility, and various specific and bespoke programmes for its members.

Successes in 2016-17 include the delivery of 4,672 counselling sessions to 287 clients and winning three awards for Excellence in Northamptonshire.

Members' programmes

Teamwork Trust's strategic director, John Bruce, said: "Our passion is to ensure that we embrace and celebrate individual needs and abilities. Our members can choose how they want to spend their time with us, and our packages enable members to choose from a variety of vocational opportunities, education classes, accredited and non-accredited courses, activities and life skills sessions. Our Activity Programme even includes a weekly book club and walking group, choir, arts, crafts, sports and much more."

Find out more today

T: 01536 511993

W: www.teamworktrust.co.uk

E: outsourcing@teamworktrust.co.uk

Commercial offer

Teamwork Trust has been working with national businesses for over 35 years, providing a competitive business outsourcing facility which includes:

- **Assembly** – product assembly, sub-assembly
- **Re-work** – product alterations, product repair, over-labelling, repacking
- **Packing and fulfilment** – bagging, boxing, shrink-wrapping, palletising
- **Paper handling** – breaking out, mailing, collating, labelling

One of the many local companies using Teamwork Trust's outsourcing service is Wellingborough-based Elba Ltd. Robert Hancock, Operations Manager said: "Working with Teamwork Trust offers the unique opportunity of local sourcing at competitive rates as well as meeting the requirements of our social and community development objectives."



Westwood Stairlifts

FREE SURVEYS AND QUOTATIONS

- Top national brands
- British made stairlifts
- Unbeatable prices
- Next day fitting service

Reconditioned lifts
fully fitted from

£795.00

Call for details

Rent a straight
stairlift from
£10 per week

Enquire today

Kettering's Stairlift Specialist

Call 01536 216368

www.westwoodstairlifts.co.uk



Focussed on

SAVING YOU MONEY



Money Saving Opportunities:

Most of us are probably looking at ways to shave costs, and if you regularly shop online, cashback websites are worth investigating as they can provide an easy way to save money on purchases. Some offer the opportunity to use a cashback card in the actual stores themselves.

These sites pay you a cash reward when you click through them to shop at specific online retailers. The rewards on offer – which can be a fixed sum or a percentage of the price – could add up to hundreds of pounds a year for consumers who do a lot of online shopping and buy high-reward items such as insurance policies, holidays and mobile phone contracts.

There are many opportunities though from other online stores that will often advertise the products online at below the shop cost due to reduced overheads and as a means to tempt shoppers to buy online. For the savvy shopper you could look online at the products advertised and then visit the retail

shop to confirm the product is what you want before you buy. Speak to the shop manager at the time, who may be able to meet the online price advertised and you get the best of both worlds.

Using the vouchers in the App and in the magazine there are opportunities to save on your utility bills, shopping bills with money savings from all types of companies and businesses in the Kettering and the local area.

Included are promotional and special offers from local and high street name retail stores, offering savings on a whole range of products and services for domestic and business customers.

Focussed offers the local businesses a multi platformed advertising campaign covering 4 media platforms, PRINT, APP, RADIO & ONLINE to reach out to their customers and by offering money saving vouchers and coupons we can give back to Kettering's community.

Download the **FREE Focussed App** TODAY and start saving money.

Download App FREE from:



alifornia

Car & Commercials Ltd.



CALL US TODAY ON:

T: 01536 415815

M: 07770 063063

MOT TEST FROM ONLY **£35**



VEHICLE TESTING STATION

- M.O.T Test Class 4, 5L & 7
- Commercial Vehicle Sales
- Servicing & Repairs
- Tyres / Brakes
- Exhausts
- Clutches
- Batteries
- Diagnostics
- Air Conditioning Re-gas
- Car Wash
- 24Hr Recovery
- Collection & Delivery

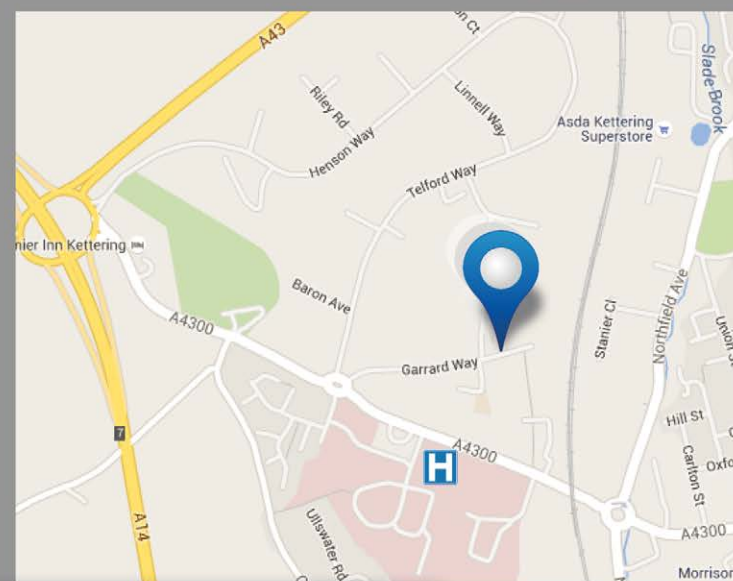
E: californiacarandcommercials@hotmail.com

@: www.ketteringmot.com



FIND US HERE:

Garrard Way,
Kettering,
Northamptonshire,
NN16 8TD



RAC Approved Garage



www.california-group.co.uk

focussed on **Des Barber** **Corby Radio 96.3**
Manager of Corby Radio



Name: Des Barber
Birthplace: Dundee
Describe yourself in 3 words:
 Loyal, Committed, Trustworthy.

Give us an interesting fact about yourself:
 Apart from being the founder of Corby Radio, I have been very honoured in my time to have carried The Olympic Torch through Corby, chosen as 'The Chieftain' at The Highland Gathering and took part in 'Strictly Corby'.

What is your favourite song of all time and why?
 Secret Garden by Quincy Jones featuring my all-time hero Barry White. This song makes the hairs on the back of my neck stand up every time that I hear it. So Soulful!

Describe your ideal night out/in:
 I love Northern Soul and enjoy doing guest spots at soul nights. I also enjoy collecting 7 inch records and often spend nights dusting them off and playing them at home.

What do you love about Corby?
 The people, their spirit, warm heart and friendliness.

What is your favourite place in Corby?
 The Boating Lake for it's calm beauty and tranquillity.

What is your favourite part of being involved with Corby Radio?
 Hearing the great feedback from our listeners about how much they enjoy what we do for the Community which makes me very proud to be part of it.

MODERN SOUL • SMOOTH SOUL • FUNKY SOUL • CROSSOVER • NUSOUL

A TOUCH OF MODERN

EVERY MONDAY 6-8PM

Corby Radio 96.3

TWO HOURS OF THE BEST MODERN SOUL FROM THE 1970'S TO TODAY

WITH TOP SOUL PRESENTER
DES BARBER

LISTEN ON-LINE WWW.CORBYRADIO.COM

OR £45 using the Focussed voucher via the magazine and App.

ONLY £60

Corby Radio 96.3

ON AIR Experience

Have you ever wanted to do your own Radio Show?
 Well here is your chance!

- You choose the tunes
- You host the show with your favourite Presenter
- Corby Radio Goodie Bag

Call: 01536 265 666
 or pop into the Corby Radio Studios
 (Opp. Heron Foods) 59A Corporation St, NN127 1NQ

THE BEST DISCO AROUND FOR PEOPLE WITH A DISABILITY

DISABILITY

SUNDAY 3PM - 5PM
 @ THE GRAMPIAN CLUB, CORBY

2018

18 th March	19 th August
29 th April	23 rd September
20 th May	28 th October
1 st July	18 th November
	2 nd December

ONLY £6 on the door
 Soft non-fizzy drinks included
 Info: 01536 265 666

SUNDAYS 6PM - 9PM

'THE CLASSICS' SOUL SHOW

Corby Radio 96.3

ANDY BARNES

SCAN QR CODE TO LISTEN LIVE

Corby Radio 96.3

£45 ON-AIR EXPERIENCE

NORMALLY £60 - PLAY YOUR FAVORITE TUNES LIVE WITH YOUR FAVORITE PRESENTER FOR 1 HR - INCLUDES GOODIE BAG WITH T-SHIRT, HAT & MUG

01536 265666

KETT EXPIRES: 30/4/2018

Traineeships

THE SKY'S THE LIMIT!

Traineeships are a government initiative, delivered locally by Tresham College, to support 16-24 year olds who are ready to enter work and gain additional experience and the skills needed to succeed in the workplace. At the end of the programme, the aim is for students to gain an apprenticeship or full or part time work in an industry they would like to develop a career in. The young person may also decide to carry on studying on a course centered on their chosen career path.

The course involves 5 weeks of employability skills training before the students embark on a 7 week long work placement with a local employer to gain first-hand experience of the world of work. Students then return to college for their final week which is spent looking at their options for their next step. Students are able to study Maths and English Functional Skills qualifications to boost their CV. Tresham are working closely with a large number of small and large local companies to give young people the help they need to get into work.

Francisca Barnie is a young lady who has recently completed the Traineeships programme. Originally from Ghana, moving to the UK when she was 15, Francisca has excelled in developing her personal and professional skills and has secured 2 part time jobs as well as passing her English exams. Francisca worked at local marketing company; Simon Cox Marketing Solutions Limited and received glowing feedback from Simon and his customers.

"It was great to have Francisca with me for seven weeks and to see her grow in confidence. During the seven week placement we attended a Linked In training course, business network meetings across the County, the Northamptonshire Business Exhibition, Customers, Suppliers, a local Charity AGM and a local school to assist students with their Young Enterprise Company programme. If Francisca applies herself like she did during the seven week period with me, she will do well for herself."

Simon Cox & Francisca Barnie



To find out how a student from Tresham's Traineeships programme could benefit your business, please contact Traineeships Coordinator:

Chris Sutherland on 07860779140 or csutherland@tresham.ac.uk.

Tresham are currently recruiting young people for their course starting May 2018.

Imagine if you could get all your marketing solutions in one place...

Think how much time that would save.



Business Startups

We Print...

Business Cards
 Stationery
 Leaflets & Flyers
 Brochures
 Banners & Posters

We Design...

Business Stationery
 Company Brochures
 Marketing Literature
 Logos
 Branding

We Brand...

Promotional Items
 Exhibition Graphics
 Printed Clothing
 Embroidered Clothing
 Headwear

Talk to us about our Marketing Packages



Simon Cox
 01536 869688
 simon@simoncox.info
 @simoncox73

01536 869688

www.greatmarketingideas.co.uk



Your time is precious. Why waste it?

focussed on

The Studio

#lifeandworkskills

The Studio is a Kettering based service run completely by Isebrook College students with Special Educational Needs (SEN).

The services they provide include, IseChic which is our own clothes department, IsePrint which is where we custom print pictures and designs from orders that customers can specifically ask for.

The Studio accepts donations of clothes which will later be ironed and sold in the shop. We also accept greeting card donations which will be repackaged and sold again for occasions such as Valentine's Day, birthdays and Christmas.

The Studio helps SEN students in a work environment while preparing for adulthood in a positive place where all students work successfully in areas they excel at including printing, making cards and ironing.

If you are willing to donate anything from books, DVD's, clothes and spare cards, please donate to **thestudio@isebrook.co.uk** or go directly to **The Studio at 6 Lower Street in Kettering** or Isebrook SEN College.

This press release was written by a student from Isebrook SEN College, with minimal support, as part of their 'real life learning' curriculum.



£100 OFF RECONDITIONED STAIRLIFTS



KETT: EXPIRES: 30/4/2018

2 GAMES OF BOWLING FOR £8



ONE VOUCHER PER PERSON
Valid at all times with exception of Saturday's
Subject to availability T&C's apply.

01536 414004

10% OFF THE R INN TAPAS BAR & GRILL



KETT: EXPIRES: 30/4/2018

Monday to Friday only. Cannot be used in conjunction with any other offers or during happy hour.

01536 763510

HALF PRICE POOL



Half price Mon-Fri 10am-6pm.
Half price all day and night on a Thursday.
Subject to availability T&C's apply.

01536 414004

1 FREE VACUUM TOKEN



KETT: EXPIRES: 30/4/2018

Additional tokens £1.50 each

01536 415815

1 PERSON FREE



Get 1 person FREE for escape room when booking for 5 or 6 people.
Subject to availability T&C's apply.

01536 414004

10% OFF



KETT: EXPIRES: 30/4/2018

Anything in store - One voucher per person

01536 267344

3 FOR 2 BLIND Sensations

ON VERTICAL, ROLLER & VENETIAN BLINDS ONLY

01536 384008

FREE 1 HOUR PAY-AND-PLAY



KETT: EXPIRES: 30/4/2018

Table tennis session for 2-4 people at the fantastic new centre!
4-9pm TUESDAY - FRIDAY

01536 206375

FIRST CLASS FREE



Enjoy your first class for FREE with 'The Sweat Shop' Fitness classes
ONE VOUCHER PER PERSON

07828 698802

3 MONTHS FREE MANAGEMENT FOR NEW LANDLORDS
Let us ease the stress



KETT: EXPIRES: 30/4/2018

01536 402323

10% OFF



Airport Transfers & Wedding Car Hire

01536 746060

KETT: EXPIRES: 30/4/2018

KETT: EXPIRES: 30/4/2018

KETT: EXPIRES: 30/4/2018

KETT: EXPIRES: 30/4/2018

KETT: EXPIRES: 30/4/2018

KETT: EXPIRES: 30/4/2018



MSC

Groundwork Specialists

- Drop Kerbs/ Crossovers
- Demolition
- Extensions
- Foundations
- Drainage
- Driveways
- Decking
- Astro Turf
- Fencing



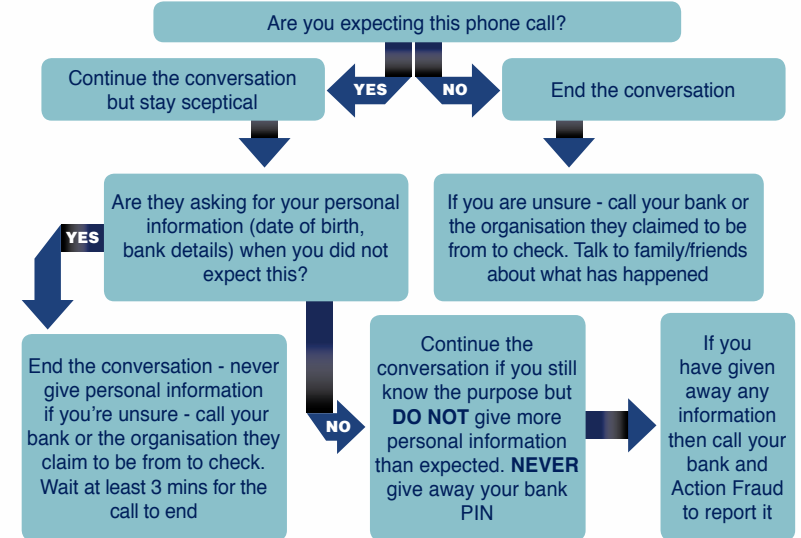
Mick Cannon
01536 685063
07958 141419

Call us today, and we'll pave the way!



- STOP**
- THINK**
- TALK**
- PROTECT**

TIPS TO STAY SAFE FROM SCAMMERS ON THE PHONE



IMPORTANT CONTACTS: In an emergency call 999 or for general enquiries 101. To report a crime: **Action Fraud - 0300 123 2040**. Visit getsafeonline.org for advice and register for the telephone preference to opt out of cold calls: **0845 070 0707**



HELPING YOU MAGNIFY YOUR SALES

focussed on Kettering

MAKE AN IMPACT ACROSS PRINT, APPS, AIRWAVES & ONLINE!!

ISSUE 3 MAY/JUNE/JULY
BOOKING/COPY DEADLINE -
MONDAY 13TH APRIL 2018

Reach out to 27,500 homes in Kettering
 inc. Barton Seagrave & Burton Latimer

- Magazine Advert
- Magazine Voucher
- App listing & Advert
- App Voucher
- Corby Radio Advert - 500+ plays
- Social Media posts
- Appear on Focussed website permanently



Craig: 07710 569 142 || Michelle: 07547 174015
 craig.barber@focussedpublications.co.uk

focussed on



HELP for HEROES

Support For Our Wounded

CORB Y & KETTERING

Who we are and what we do:

Help for Heroes provides lifelong support to Service Personnel and veterans with injuries and illness sustained while serving in the British Armed Forces. No matter when someone served, we give them the support they need to live active, independent and fulfilling lives.

There are thousands of Servicemen and women who need support to cope with injuries and illnesses of varying severity. Wounds and injuries - both physical and mental - can last a lifetime and Help for Heroes is here to help them cope with the challenges they face.

Volunteers Required

Check out our Facebook page for further information

Help for heroes Corby & Kettering

or contact: **Martin: 07713 509568**



Corby Awards
SPONSORS
CIRCLE WINNER
BEST NEW BUSINESS

Corby Chiropractic

LAKESIDE SURGERY & FOREST GATE SURGERY

Corby's first and only Chiropractic service since Jan 2014!

Do you suffer from:

- Lower back or leg pain
- Neck pain and headaches
- Stiff muscles and joints
- Painful shoulder
- Tennis elbow
- Knee and hip pain
- Plantar fasciitis
- Sports injuries

01536 204154
corbychiropractic@gmail.com
www.corbychiropractic.com



sunseeker

WINDOW SYSTEMS

CALL TODAY: 01536 722316

EMAIL: INFO@SUNSEEKERWINDOWS.CO.UK

25 YEARS OF LOCAL WINDOW & DOOR REPAIR & MAINTENANCE SERVICES

- Door & Window Locks
- Door & Window Handles
- Door & Window Hinges
- Replacement Glass Units
- Gaskets & Seals
- Ajustments & Cosmetics

72-84 STATION ROAD, BURTON LATIMER, NN15 5NX



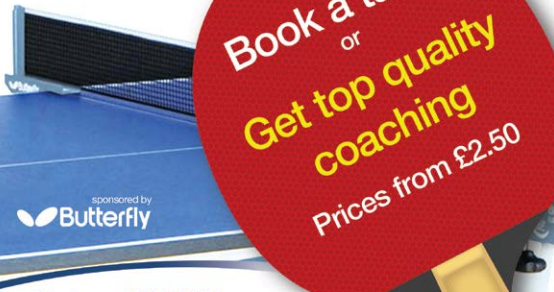
Open Daily - Call for details
All Welcome

Smash Table Tennis

Corby Centre

Improve your social life, health and fitness by playing table tennis at our **olympic standard** facility!

Book a table
or
Get top quality coaching
Prices from £2.50



Telephone: 01536 206375
Mobile: 07929 347586 (Henry)
email: enquiries@corbysmashttc.co.uk
Website: www.corbysmashttc.co.uk

Unit G, Marconi Courtyard, Brunel Road, Corby, NN17 4LT
Watch us and 'Like' us on Facebook: /corbysmashttc



With 15 years experience specialising in Block Paving, we pride ourselves on providing top quality workmanship at reasonable and affordable prices.

We offer a no obligation, **FREE** quotation and are happy to discuss any of your requirements with you.



Mobile No: **07950 313708**

J K Paving
7 Pine Walk, Corby, Northamptonshire NN17 2YA

Phone: **01536 264287**
Email: **info@jkpaving.co.uk**
www.jkpaving.co.uk

- Block Paving
- Slabbing
- Driveways
- Patios
- Turfing
- Artificial Turf
- Fencing
- Paving Cleaning
- Shed Bases
- Concrete Drives
- Brushed Concrete
- Printed Concrete

KETTERING BUSINESS NETWORK

SUPPORTING BUSINESS GROWTH

It's certainly been a busy time for the town's Business Network in recent years as the Kettering Business Network continues to go from strength to strength.

Having been announced as a Finalist at the last two year's SME Business Awards for Northamptonshire as the Best Networking Group of the Year, the not for profit approach to business networking has certainly been a success.

The group was set up in June 2015 by Simon Cox, Sarah McCarron, Marie and Nigel Baker with the aim of bringing the local business community in the District of Kettering together to meet, learn, grow, develop and build business.

"It's certainly been an amazing journey for us all" said Founder Simon Cox, "We've worked hard together to provide opportunities for local people and long may it continue. Running a business can be challenging at the best of times and by having somewhere local for businesses to turn to, we can help support each other and grow the local business community."

We've had some great speakers in recent years including Karthik Nagesan, candidate from The Apprentice, local MP Philip Hollobone, Kettering Borough Council and other local businesses each educating us with valuable help and information that we can put into action in our businesses. Other attendees in recent years have been students from Southfields School as part of their Young Enterprise Company Programme and local charities who wish to engage with the business sector. It's really been a great opportunity for us all.

Last year, the latest member of the KBN Leadership Team, Robyn Allen, ran a great quiz night to raise funds for SCBU at Kettering Hospital and I'm sure there will be future events for local fundraising in time to help the local community."

Meetings have been held at local businesses and community groups including Kettering Park Hotel, The Ritz in Desborough, Barton Hall, Wicksteed Park, Kettering Conference Centre, Kettering Rugby Club, The Holiday Inn, Kettering Town Football Club, Tax Assist, Mugs and The Miniature Rifle Sports Bar.

The meetings generally take place on the first Wednesday of the month and every meeting is different with a different presentation each month and in a different location so the business network is all inclusive.

Since the introduction to the town, the Leadership Team of the Kettering Business Network have also inspired other groups in Corby, Wellingborough, Northampton, East Northants, Daventry and Market Harborough and the groups across the region see, on average, 200 businesses attending.

The Kettering Business Network covers Kettering, Desborough, Rothwell and Burton Latimer as well as surrounding villages within the District. For further information about the Kettering Business Network please visit

www.ketteringbusinessnetwork.co.uk

To find out more contact Simon Cox on
Simon Cox: 01536 869688
07533 774420

E: contact@ketteringbusinessnetwork.co.uk



TLC
 Sales & Management Ltd

- 📈 Experts in residential Sales and Lettings
- 📈 Estate/Block Management
- 📈 ARLA qualified staff
- 📈 Members of the

Covering
 Cambridgeshire
 Leicestershire
 Northants
 Rutland
 South Lincs

TEL: 01536 402323

Email: sales@lc4u.biz

13 BALCONY PARADE, CORPORATION STREET,
 CORBY, NORTHANTS NN17 1NL

www.the-letting-company.co.uk

EXCLUSIVE CARS
 SPECIALISTS IN AIRPORT TRANSFERS
 & WEDDING CAR HIRE

Wedding Cars



Beauford 1940's Classic (Style)



Royale Drophead Coupé



Beauford 1940's Classic (Style)



Mercedes E-Class (New Shape)



White Daimler 1WB*



Viscount (7-Seater)

EXCLUSIVE CARS (NORTHANTS) LTD

Visit us at

www.exclusivecars.uk.com

E-mail: enquiries@exclusivecars.uk.com

Tel/Fax: 01536 746060 Mob: 07771 544687



PHOTO: NICK FREEMAN PHOTOGRAPHY

This handy and compact heater is perfect for those times when you're feeling cold at your desk. With a USB charger for convenience, it sits on your desktop, doesn't take up too much room, and provides much needed heat and warmth.

- Wattage 250W
- Heat output 250W
- Thermostatic control
- Number of heat settings 1
- Safety cut out system
- Dimensions 164 x 120 x 121mm
- Guarantee 1 year



Available at www.energysmart.solutions

This RF Wireless Thermostat can be used to control individual areas, designed to be used with portable heating appliances.

An Aesthetically designed unit to compliment any room in your home or greenhouse. It will automatically turn On/Off heating appliance as the ambient temperature changes. Unlike ordinary single unit design thermostats, this unit is a new type of thermostat separating the thermostat function into two units. The Remote Controller serves as a user interface and temperature sensing/controller. You can put the Remote Controller in your required room and can read/control the temperature of the living area / comfort zone while the Receiver is situated besides the heating appliance up to 3Kw.

See more devices like these at www.energysmart.solutions



COMPETITIONS

email your answers to all questions in one hit to competitions@focussedpublications.co.uk or via inbox at our Facebook page /[Focussed.on.no1](https://www.facebook.com/Focussed.on.no1)



WIN A GAME OF BOWLING FOR 4 PEOPLE OR 1 HOUR OF POOL

WHAT IS IT CALLED WHEN YOU KNOCK DOWN ALL THE PINS IN 2 SHOTS?

MONTHLY COMPETITION - WINNER EVERY MONTH

WIN A ONE NIGHT STAY AT 'THE R INN' WITH A BOTTLE OF PROSECCO FOR 2 PEOPLE



Banqueting & Conference Suites at the Kettering Ritz

WHAT TYPE OF FOOD DO 'THE R INN' SERVE

Corby Smash Table Tennis Centre

WIN A YEARS MEMBERSHIP

WHAT SIZE IS A STANDARD TABLE TENNIS BAT?

WIN 2 FREE ENTRIES

CORBY OR NORTHAMPTON



WHAT IS THE LATEST ROOM AT THE NEW NORTHAMPTON BRANCH?

WINNER EVERY MONTH!

WIN A FAMILY TICKET

SAVOY CINEMAS

5

February

Marvel's Black Panther is released on 16th February, but what fictional country is the lead character T'Challa (played by Chadwick Boseman) the King of?

6

Corby 96.3 RADIO

WIN A CORBY RADIO GOODIE BAG

WHO PRESENTS THE 'TOUCH OF MODERN' SOUL SHOW ON CORBY RADIO?

WINNER EVERY MONTH!

WIN A WEEKS WORTH OF CLASSES

THE SWEATSHOP FITNESS

WHAT WORD IS SPELT OUT IN THE PHOTOS OF OUR CHARITY ZUMBATHON - VISIT OUR WEBSITE <http://holliebrood.zumba.com>

POP'S Brain Busting Quizzes

SUDOKU

	9	4	8					
5	7			9				
6			1			5		2
				7				
	5	9					7	
								8
		7	2		6			1
			7					
	8						9	

Each letter in this puzzle is represented by a number 1-26. Can you crack the code and solve the crossword? Every letter of the alphabet is used at least once. Three letters are already in place to get you started.

	8	4	23	3	22		20	14	12	9	11	
11		14			22				4			20
20	25	3		12	22	3	10	6	5	20	4	14
4		2		22		11		24		8		6
14	12	22	8	13		11	17	26	26	4	2	6
9			6		19		5		5			11
	25	4	19	4	25		26	17	11	4	21	
23		7		5		5		10				26
4	7	18	12	7	2	6		6	24	26	5	4
5		12		17		22		5		3		12
2	6	22	12	15	14	6	8	26		26	3	22
6		8				1				14		26
	20	26	4	14	14		16	12	6	6	22	

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

CODE CRACKER

Brain Teasers:

- A:** The number 8,549,176,320 is a unique number. What is so special about it?
- B:** A man condemned to death has the option of picking one of the mentioned three rooms. The first room is a furnace filled with flames. The second has armed men with loaded guns, while the third has lions starving for years. Which one should the man choose?
- C:** What occurs once in every minute, twice in every moment, yet never in a thousand years?

SEARCH-WORD

This puzzle is a combination wordsearch and crossword. There are no clues or two-letter words. Just reveal the hidden words by blocking out the incorrect letters. The completed pattern will be symmetrical. Use this fact to help you decide which letters to leave in which ones to leave out.

P	A	S	S	W	O	R	D	G	B	A	T	T	L	E
A	M	U	V	E	L	E	J	A	H	B	B	E	C	L
R	E	S	I	L	I	E	N	T	R	D	E	N	S	E
S	V	P	M	F	N	L	B	H	V	O	G	S	D	C
N	J	E	V	A	D	E	K	L	A	M	B	E	N	T
I	M	C	F	R	V	D	W	E	Z	E	M	V	R	E
P	O	T	T	E	R	Z	S	T	A	N	D	A	R	D
V	Q	E	W	G	J	M	B	E	L	K	J	C	M	N
E	N	D	O	R	S	E	D	B	D	A	N	C	E	S
A	M	N	D	I	X	A	V	S	Q	T	W	O	C	U
S	T	E	T	S	O	N	B	T	U	T	O	R	W	P
T	X	A	V	O	Z	I	P	E	Y	R	T	D	G	R
E	I	G	H	T	G	N	A	R	R	A	T	I	V	E
R	V	E	W	T	Q	G	H	E	K	C	G	O	H	M
N	A	R	R	O	W	H	C	O	N	T	I	N	U	E



Northamptonshire

KEEPING HOMES WARM,
SAFE & SECURE ACROSS
NORTHAMPTONSHIRE

TRADING STANDARDS APPROVED CHARITABLE ORGANISATION



DO YOU NEED HELP
WITH HOME REPAIRS, SECURITY, PLUMBING,
ELECTRICS, CARPENTRY, FENCING,
GARDENING, ODD JOBS?

DO YOU REQUIRE
ADAPTATIONS TO HELP YOU REMAIN
INDEPENDENT IN YOUR HOME?

IS YOUR PROPERTY
DRAUGHTY OR COLD?

THEN LOOK NO FURTHER, WE ARE HERE TO
SUPPORT YOU REGARDLESS OF WHETHER
YOU OWN OR RENT YOUR PROPERTY

Professional, trustworthy service using our own technicians
DBS checked, wear uniform & carry ID for your peace of mind



@CARERPAIRNN

FOR ENQUIRIES OR TO ARRANGE A FREE QUOTATION:

T: 01604 782250

OFFICE@CAREANDREPAIRNORTHAMPTONSHIRE.ORG.UK

f CARE & REPAIR NORTHAMPTONSHIRE LTD

Care & Repair (Northamptonshire) Limited, 25 Tenter Road,
Moulton Park, Northampton NN3 6AX

Registered society under the Co-operative & Community Benefit Societies Act 2014, registration number 25783R





NEW YORK Thunderbowl

t: 01536 414004

Standard Price Tariff

	Adult	Juniors
1 Game	£6.50	£6.00
2 Games	£12.00	£11.00

All prices include shoe hire a £1

3rd game £1 Extra

Available on standard rate only

Family Bowling Prices Made Simple!!

Valid at all times except Friday & Saturday 6pm - Close.

	4 People	5 People	6 People
1 Game	£21.00	£26.25	£31.50
2 Games	£38.00	£47.50	£57.00
3 Games	£42.00	£52.50	£63.00

Includes shoe hire at £1 per person

One person must be under the age of 16 and one must be of a parental age to the junior.

Food and Party Packages

Birthday Bash

1 Game of Bowling
Unlimited Squash
Fat Franks Meal
(with hats & balloons)
Birthday Cake
Party Bags

£12 Per Child (Min 6)

**Upgrade to 2 games
only £2.50 extra!**

Minimum of 6 children.
Supervision not provided,
1 adult per 6 juniors
recommended.

Teen Party Package

2 Games of Bowling
Cheese Burger & Chips or
Chicken Burger & Chips
(+Veg Option)
UNLIMITED Post Mix
Drinks

Just £14.50 per person

Minimum of 10 people and
must be pre-booked 7 days in
advance.

Full payment required at least 7
days prior to the booking.

Last booking time Friday & Saturday 6pm

Party Nights

2 Games of Bowling
Shoe Hire
Delicious Basket Meal
1 Drink from the bar

£17.50 per person

Minimum of 10 people and
must be pre-booked 7 days in
advance.

Full payment required at least 7
days prior to the booking.

Mega deal Tuesdays!

Beer and Bowl

2 games of bowling and a
drinks voucher*

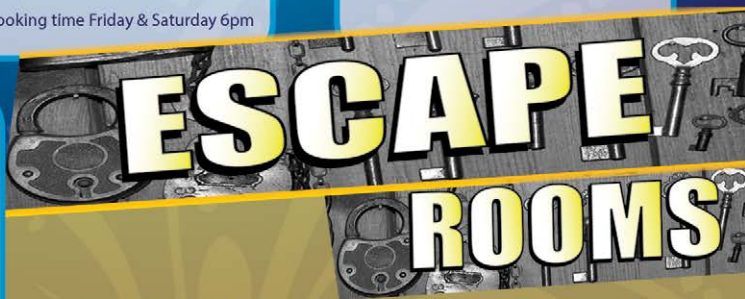
£6.99 per person

Eat Drink and Bowl

A delicious **Fat Franks** platter, a drinks
voucher* & 2 games of bowling

£9.99 per person

minimum 2 people per booking



ESCAPE ROOMS

CAN YOU ESCAPE WITHIN 60 MINUTES?

A UNIQUE EXPERIENCE FOR ALL AGES

TIME IS TICKING

SEE OUR WEBSITE FOR DETAILS

www.newyorkthunderbowl.com