ISSUE 4

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Focus-on:

O Rothwell & Desborough Running Club

Rothwell & Desborough Wildlife Trust

—O Ashtree Vets: Tips

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Welcome

To Focussed on Desborough & Rothwell magazine. With Summer upon us it is good to see all the local events on offer in the area. Keep you eyes peeled for the Focussed Facebook Page where we share many events that cater for all tastes. Don't be the one that says "Wish I knew about that one!"..... It's very common!

We want to hear from you, let us know about what you have been doing in your community, raising funds for charity, helping local groups, whatever it is we want to help you spread the word about your events. Please email your information and include some images to help lift the article and send to craig.barber@focussedpublications.co.uk.

There has been a lot of changes happening in the background of our towns with Unitary looming, and therefore a very uncertain future. But rest assured, we have some incredible people behind the wheel to guide the towns into a brighter future. With the new Ketteirng Town Centre Partnership looking to improve local town centres, and Clare Pavitt the new Prospective Parliamentary Candidate for Kettering. There are some very exciting ideas on the table, watch this space!

Editor & Designer

Craig Barber





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Desborough & Rothwell

Running Club

TWO COUNTIESS HALF MARATHON

Desborough & Rothwell Running Club are pleased to once again be hosting the Two Counties Half Marathon & Relay. The club was founded in 2013 and prides itself on being a friendly and inclusive club. The event is run by runners for runners and aims to offer an enjoyable event at an affordable price.

The Two Counties Half Marathon & Relay will be held on **Sunday 8 September 2019** starting and ending in East Carlton Country Park. The route takes in the beautiful countryside of Northamptonshire and Leicestershire passing through the villages of Ashley, Medbourne, Drayton, Bringhurst, Cottingham, and Middleton. The route is fully marshalled by club volunteers.

The event is chip timed and all finishers will receive a bespoke medal, t-shirt and goody bag. This year's chosen charity is the **Air Ambulance** and a donation from each entry will be made to the organisation.

Entries are open for half marathon however, due to popular demand, team relay entries are now closed. Online entries are available at

www.runbritain.com or at www.bookitzone.com.

This year's event has been included in the Northamptonshire Road Running League and will also be the Half Marathon County Championships.

Further information can be found by visiting the event website **www.drrc.run/tchm** or the Two Counties Facebook page.

We would like to thank **GEFCO UK** for their sponsorship of this year's event.



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Be careful with



It is important to make sure you are aware of common items in your home that are poisonous for your pet, and where possible, avoid any exposure.

Dogs are very susceptible to chocolate toxicity. The stronger the chocolate, the more dangerous it can be and it may cause fatal neurological signs.

Dogs also enjoy a good snuffle through handbags and often find packets of gum and tablets. Sugar free chewing gum containing xylitol can cause life threateningly low blood sugar levels. Xylitol is also used as a sweetener in home baking, and cakes made with it could prove lethal to dogs.

Sultanas and raisins – found in hot cross buns, fruit cakes and the like, are also toxic for your dog. They can cause symptoms such as vomiting, diarrhoea and, in severe cases, kidney failure.

Cats are less vulnerable to poisonings but they can still occur. Lilies are beautiful but very toxic to cats. Chewing the leaves or grooming pollen off their coats can lead to severe kidney

Anti-freeze (eythlene glycol) is another, often fatal, toxin. It has a sweet taste, but even in small amounts, will cause kidney failure.

Permethrin spot-ons: Many canine spot-on flea products bought from supermarkets and pet shops contain permethrins. While these are safe for dogs, they should never be applied to cats, since they are extremely poisonous to cats. Signs of poisoning can often be vague so contact us at once if you notice any signs of unusual behaviour or illness.



Vaccinating your rabbit is very important since the infectious diseases we protect them against are extremely serious and often fatal.

Vaccinating your rabbit is very important since the infectious diseases we protect them against are extremely serious and often fatal. Myxomatosis is common amongst wild rabbits and deadly. It is passed by fleas, which can travel from the countryside into our homes and gardens on us, other pets and wildlife. Protection by vaccination is the only cure.

Viral Haemorrhagic Disease is also extremely serious. It is spread by direct contact but also survives in the environment for months and can be carried by wildlife and people. There are now two strains, RVHD1 and RVHD2, and both need vaccinating against - given at least two weeks apart.

Rabbit vaccinations are usually given annually to ensure full protection. They are safe, effective and as bunnies are extremely good at hiding illnesses, the health check they get is also important.

If you would like any further information you can contact the friendly Ash Tree Vets team on

01536 418705 (Rothwell) or









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Desborough Town Football

Desborough Town Football Club was formed in 1896 and is rapidly approaching its 125th anniversary. The club has been an ever present in the United Counties League playing their home games at The R Inn Stadium on Braybrooke Road. The new name comes thanks to a 3 year sponsorship deal with The R Inn Complex in Desborough.

With one of the best social clubs and changing facilities in the League, the club is looking to raise the standards currently being set on the pitch. Our newly formed Reserve team set the pace in the Reserve League and look favourites to win the Championship Title. Next season we will also be joined by a Veterans Team, which will see games played on Sunday mornings at The R Inn Stadium once a month.

At half time we still have the excellent kitchen facilities providing hot drinks and food such as tea, coffee, soup, burgers and bacon rolls. However, for next season we are looking for new kitchen staff so if this interests you please apply at the club or the email address below.

We rely on sponsors to keep the Club running and if you would like to help out please contact the Football Club or email

Nathan Mitchell at: nimitch75@gmail.com

We try to organise fund raising events during the season so look at our facebook page for more details. Signed Premier League shirt coming soon. Look forward to hearing and seeing you all and hope the 2019-2020 season can bring more success on and off the pitch.





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What representing the constituency of Kettering means to me

Being selected as the Labour Party Parliamentary Candidate for Kettering is an absolute honour and a privilege.

To me representing a community isn't turning up on your doorstep a couple of months before an election, it means being an active part of the community and understanding the issues affecting real lives on a daily basis. As a mum who has lived in the area for 25 years I know only too well the reality of the ups and downs we all go through. Although my daughter is now 20 and at University, I'm overwhelmingly proud of her.

When my daughter was small we lived in Rothwell, at the time I didn't drive, in fact I didn't take my driving test until I was in my late 30's so I know how important good public transport is in daily life in a small town.

We regularly visited the library for many reasons plus I'm also a massive history buff so I know the vital role libraries play for the whole of our community and I know how access to quality shops and services is essential to our local economy.

Here in Desborough I have already met with the "save our library" group and the fantastic volunteers at Desborough Library. In the upcoming months I will be meeting with town Councillors to talk about the issues affecting Desborough.

What I'm really interested in is what's important to you so please feel free to message me on my website

www.clarepavitt.com

facebook page @clarepavittforKettering or email me at Clare.pavitt25@gmail.com

I look forward to hearing from and meeting you. *Clare Pavitt*



Clare Pavitt

Candidate for Kettering

The Desborough & District Group of the Wildlife Trust was formed in 1984 by a group of local naturalists and wildlife enthusiasts with Nigel Lingley, still an active member, its first chairman.

The Group is still very much alive and kicking! In the summer, between May and August, outdoor visits and walks also take place on the second Tuesday, starting at 7.00 pm in Station Road, and there are occasional weekend events also.

The Group has four local reserves on its doorstep, managed by the Wildlife Trust: the Plens; Tailby Meadow; Rothwell Gullet and Stoke End Quarter, which is part of the larger Stoke Wood. On an ad hoc basis members of the Group volunteer to carry out a variety of conservation tasks at these reserves.

Our regular indoor meetings provide an opportunity to find out more about wildlife species and the habitat that they live in. Coming up in February, we have a talk by Susannah Rhordan to tell us about the re-introduction of the Chequered Skipper butterfly in the Rockingham Forest Area, which is part of the "Back from the Brink" project.

When the idea Great Fen project came into being we heard about forming a **"Living Landscape"** for wildlife, joining together smaller reserves, taking in surrounding land and improving it for nature.

We operate within the area of the Northamptonshire, Cambridgeshire and Bedfordshire Wildlife Trust, and endeavor to raise as much money as we can for its projects. Each summer we hold one major fund raising event, alternating between a Concert at Brampton Ash church, and Desborough Open Gardens. In 2019 it will be concert time; with Open Gardens returning in 2021.

Anyone with an interest in nature and the countryside will find lots to interest them in our programme and we are a very welcoming group – for more details contact either

Stephen Ashpole (01780 729406) or Bob Freeman (01536 760770).

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Commander Julius Root, the irritable leader of the LEP-red

Table Tennis

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formed to help Kettering Town Centre

A business led group has formed to lead the Kettering Town Centre Partnership with a strong focus on the town centre.

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UP TO 4 PEOPLE

The leadership team, formed at the end of January, was brought together by Kettering Business Network leader Simon Cox, solicitor Sarah Franklin of Sarah Franklin Solicitors, Alison Holland from BrightKidz, a social enterprise based in the Business Exchange, Donna French from Inspire to Change and high street retailer Davina Parkhouse from the Bean Hive.

Since then, the three further groups have been formed with the Retail & Business group meeting to discuss business related matters as well as the Transport & Community group which has a focus on transport links in and out of the town and bringing community leaders together to learn about each other and work together. The third group is the Town Centre Youth Partnership which is overseen by Simon Cox, Alison Holland and Zoe Martin which provides a youth voice for the town centre.

KTCP Chair Simon Cox said "This is exciting for us all as we look to work with key partners in and around the town centre, local retailers, community groups and people who have a strong passion for the town

"We are working with the Town Centre Youth Partnership and Kettering Borough Council to help promote the Teenage Market this July as well as the Rotary Club of Kettering Tresham who organised a fantastic community litter pick recently."

"Another part of the Town Centre Partnership's role is to work with Kettering Borough Council to help provide a voice of local people. We've provided a Letter of Support for the Future High Street Funding Application which could see up to £25 million injected into the town centre from the Future High Streets Funding announced by the Government last November and we are also monitoring the Open Doors Project which has seen a vacant high street shop been made available to create a Community Hub in the town centre."

If you would like to know more about the Kettering Town Centre Partnership, then you can like the Facebook page by visiting

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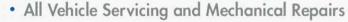


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focussed on Stewart McNeill Corby

News/Sports Reporter & Presenter



Name: Stewart McNeill

Birthplace: Kettering
(like many of my generation!)

Describe yourself in 3 words:

Questioning, Thoughtful, Blokeish

Give us an interesting fact about yourself:

When I was very small the other kids were amazed by my reading skills for my age and would give me newspaper cuttings to read aloud... and what happened next?

What is your favourite song of all time and why?

I have very broad music tastes but as you have put me on the spot - "Columbia" by Oasis.

Describe your ideal night out/in:

Restaurant and cinema/watching quality TV.

What do you love about Corby?

The community feeling about the place and the generosity and charity that comes from that.

What is your favourite place in Corby? Looking at Welland Valley from Gretton.

What is your favourite part of being involved with Corby Radio?

Helping good causes get their message out and reporting on the Steelmen winning!



