

CREATING A CLEARER VIEW OF CORBY

focussed

on Corby

**For
Everyone
aged 7+**

ODYSSEY VR
MOBILE VIRTUAL REALITY

Multiplayer Freeroam VR centre in Corby

Perfect for Christmas Parties, Gift Vouchers & Family Fun

SCAN FOR WEBSITE

facebook
★★★★★

Google
★★★★★

Over 700
Five star reviews
tripadvisor
★★★★★

Focus-on:

- Willow Place Christmas
- Ignite Dance Space
- Dr Joanne Watt: 12 Top Tips for Winter Wellness
- Nexus Fostering
- Des Barber: 50 Years in Music



SCAN FOR WEBSITE

EUROPE'S LARGEST SKATEPARK IS RIGHT HERE IN CORBY!



ACTIVE IN MOTION
HEALTH & WELLBEING

WWW.ADRENALINEALLEY.CO.UK
REGISTERED CHARITY: 1115146
COMPANY NO: 05819804
TRAINING CLUB • 1-2-1 COACHING
EQUIPMENT HIRE • PARTIES • EVENTS
OPEN SESSIONS • ALL AGES + ABILITIES
JOIN THE ACTION!

NO BETTER PLACE TO LEARN TO RIDE
HEAD TO OUR WEBSITE FOR ALL THE INFO!

Welcome,

to the final issue of 2024 as we welcome in a new year. We wish you all a very Merry Christmas and a very Happy New Year!

We are thrilled and honoured to have once again sponsored the 'Creative Spirit' award at this year's Corby Spirit Awards. Congratulations to Weldon Amateur Theatre School on winning the award.

This fantastic event truly shines a spotlight on the incredible individuals who make our town such a special place to live. While we wish everyone could have been a winner, you are all a true credit to Corby. Congratulations to all the well-deserved winners!

Keep doing Corby proud.

Craig Barber

Founder / Editor / Designer



Spirit of Corby Winners 2024

Club Spirit - Nathan Hand/Alden Marshall, S&L RFC
Environmental Spirit - Daruizs Keska (Garden comp. winner)
Creative Spirit - Weldon Amateur Theatre School
Educational Spirit - Geraldine Daly, Red Kite Academy
Health & Wellbeing - Natasha Watson
Youth Organisation - Hazel Leys Happenin' Project
Young Spirit - Harry Reid
Community Spirit - Simon Brunskill, Corby Low-Cost Kitchen
Public Sector - Ross Ferguson, Northants Police
Volunteer Spirit - Corby Foodbank Volunteers

Living Legend - Paul Balmer & Judy Caine
Special Award - Corby Radio

BRAIN TEASER ANSWERS:

A = A comb
B = Your left hand
C = The letter 'R'
D = A teapot
1 = A needle
2 = The letter 'G'
3 = Red paint

9	3	4	2	1	5	6	7	8
1	2	8	7	3	6	5	4	9
5	7	6	9	4	8	3	2	1
7	4	1	6	8	3	2	9	5
3	8	9	5	7	2	1	6	4
6	5	2	1	9	4	7	8	3
4	9	7	3	6	1	8	5	2
8	1	5	4	2	7	9	3	6
2	6	3	8	5	9	4	1	7

CROSSWORD ANSWERS

69	E	R	G	O	68	H	A	T	E	67	N	E	M	Y
66	D	E	N	T	65	S	T	I	R	64	C	O	L	O
63	L	E	A	N	62	U	N	D	O	61	I	N	G	O
59	I	T	D	I	58	T	R	E	E	57	P	E	A	R
54	A	T	A	53	I	N	G	R	I	52	R	E	I	E
49	G	V	E	48	L	A	B	L	E	47	R	E	L	E
44	I	N	G	43	M	O	U	R	N	42	Y	N	O	D
39	E	R	I	38	T	U	T	A	T	37	S	T	A	T
34	L	I	P	33	E	C	A	C	E	32	A	R	M	S
29	S	E	T	28	C	K	S	E	T	27	H	I	C	K
24	R	I	S	23	E	C	E	W	A	22	N	E	N	G
19	R	E	B	18	S	P	A	Y	17	I	G	O	R	G
14	A	P	R	13	N	O	N	I	12	L	I	C	E	D
9	M	O	U	8	H	U	O	A	7	H	C	A	T	O

ISSUE 41

focussed
PUBLICATIONS

FOCUSSED PUBLICATIONS LTD
Caldan House, Unit 2 Dale Street,
Corby NN17 2BQ

Craig Barber: 07710 569 142
craig.barber@focussedpublications.co.uk

Technical Director:
Shaun Coleman: 07773 586006
shaun.coleman@focussedpublications.co.uk
<https://focussedmarketing.com>

[www.focussedmarketing.com](https://focussedmarketing.com)
focussedmarketing.com
@focussedmag
/focussedpublicationsltd
/focussedpublications



BARBWIRE DESIGN
Caldan House, Unit 2 Dale Street,
Corby NN17 2BQ
M: 07710 569 142
craig.barber@barbwiredesign.co.uk
www.barbwiredesign.co.uk
@Barbwire_Design
/barbwiredesign



Advertisers are reminded to ensure the accuracy of their content.

FREE ARTWORK
will be provided with your first advert or advertorial booking to a professional level, created by ourselves with over 24 years' experience in advertising copy, so we understand how to get the most from your advert giving you a greater return.

Proud partners with:



supported by:



MISSED AN ISSUE?

Simply pop to our website focussedmarketing.com where you can download all of our past issues.

See a Show at The Core

To see the full range of great shows now on sale, pop in and pick up a brochure or visit our website at www.thecorecorby.com



Thu 12 - Sun 29
December



Fri 3 - Sun 5 January



Fri 17 January



Thu 23 January



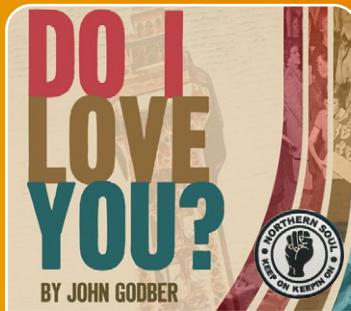
Wed 29 January



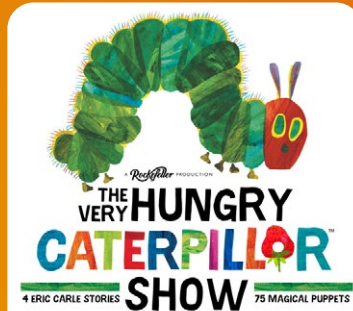
Sat 1 February



Thu 13 February



Fri 14 - Sat 15 February



Fri 28 - Sun 30 March

Tickets **01536 470 470**
www.thecorecorby.com

The Core
at Corby Cube

BILLY AND SON LOW PRICE FENCING



Don't delay call today
Free quote to all customers.

Tel. 01536 237639
Mobil. 07717026126

QUALITY FENCING AT AFFORDABLE PRICES
NO JOB TOO BIG OR TOO SMALL CALL BILLY TODAY.

- Larch lap Panels • Feather Edge Panels
- Wooden Trellis • Wooden Posts
- Concrete Posts • Wooden Gravel Boarding
- Concrete Gravel Boarding
- Made to Measure Wooden Gates
- Fencing wind damage repairs

Electrician

www.electricianincorby.co.uk

Do you find it difficult to get someone reliable to come and do a small electrical job?



- We turn up when we say we will !
- We Provide you with a written quote !
- Quotes are sent out in 3 Days !
- 184 Five Star Customer Reviews on Google

Fuse Board Specialist

- *Extra Lights *Additional sockets
- *Ring Doorbell/Camera *Security Lights
- *Spot lights *Garden Electrics

I will assure you of a quick response, and a reasonably priced service !!!

Call David on:

01536 665 036

!! Know what you're paying for !!

I will give you a FREE QUOTE before commencing any work!



Need a garden office? Need a granny annexe?

Our granny annexes don't require planning permission!

Zero Maintenance exterior!

UK's longest guarantee - 25yrs!

100% portable!

Visit our showroom at

11 St Marks Rd Corby NN18 8AN

Near Tesco Superstore

Call the team: 07746 665560



BoothsGardenStudios.co.uk



Mention Focussed for £100 discount

Corby's festive fun!

Enjoy some free festive fun in Corby town centre this Christmas! Look out for our festive entertainers around the town centre on December weekends in the run-up to the big day. And, of course, Santa will once again be paying a visit!



A special launch event on **7 December** includes the opportunity to meet our enchanting animatronic polar bear Bjorn who will be brought to life by a talented puppeteer and your own imagination! A new centrepiece for Corporation Street, as well as our regular snow family, will provide lots of selfie opportunities and the chance to **win a £50 gift card**.

Santa's Grotto will be **open on the weekends of 7/8, 14/15 and 21/22 December from 11am to 4pm**. Admission is £3.50 per child to include an age-appropriate gift. No booking is required but please be prepared to wait – he's a popular guy!

If you're feeling full of the festive spirit you can join in the community carols on Saturday 14 December at 1pm in Corporation Street and enjoy seasonal music from the Corby Silver Band in Willow Place throughout the day.

With over 100 shops and eateries and late night shopping on 20/23 December, make Corby your one stop shop this Christmas! See willowplace.co.uk for full details.



20/23 DECEMBER
LATE NIGHT SHOPPING

7
DEC

COME & MEET OUR FRIENDLY POLAR BEAR!

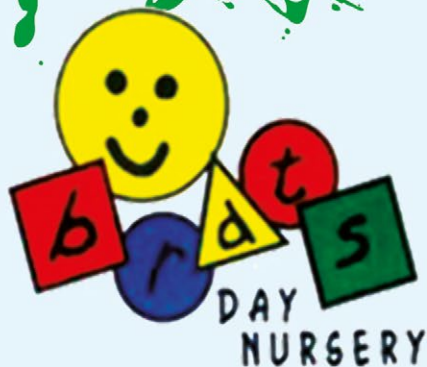
See website for times/details

- ★ 100+ STORES & EATERIES
- ★ SANTA'S GROTTO
- ★ CHRISTMAS MARKET
- ★ FESTIVE ENTERTAINMENT
- ★ LIVE MUSIC... AND MORE!



Scan QR code
to access
web page





www.bratsdaynurserycorby.com

Email: bratscorby@aol.com Phone: 01536 401 881

Address: Brats Day Nursery (Corby) Limited,
St Mark's Rd, St James IND EST, Corby, NN18 8AN



We offer Government funded places
(Consumables and food charges may apply)



You know that you're getting the best

- Corby nursery, established since 1989, with over 30 years experience
- Age appropriate comprehensive curriculum
- Children cared for from 3 months to 5 years
- Open between 07:30 and 18:00 - full and part time sessions
- Qualified and experienced staff that care
- Individualised care plans for each and every child

Childcare sessions that offer more

- Full and part time sessions available tailored to suit your family needs
- An exciting educational environment where learning is fun
- Age appropriate environments within the childcare setting
- Ofsted registered, well established nursery
- Active promotion of inclusion for all
- Make every moment count by building the right foundations



Serving up the very best

- Activities and meals tailored to your child's needs
- 5* Food Hygiene rated
- Meals cooked freshly every day in the nursery kitchen
- Activities that promote healthy eating & nutrition as part of the learning environment
- Nutritious meals, always fresh and always tasty
- Complementary build-up provided



LASER LIKE
By Kerry



OUR SERVICES

Laser Hair removal
Skin Rejuvenation
Carbon Facials
Tattoo Removal
IPL Thread Vein Removal
Acne Treatments
Pigmentation/ Sun Spots
Semi Permanent Makeup Removal

BOOK AN APPOINTMENT



Halo Hair and Beauty Salon
Corby

07931 889769

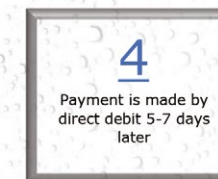
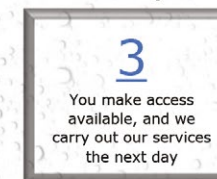
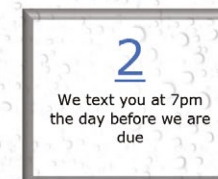
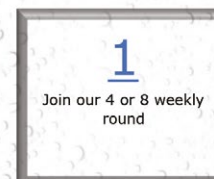


Services offered:

- Gutter clearing & cleaning
- Conservatory roof cleaning
- Fascia & soffit cleaning
- Cladding Claning
- Solar panel pigeon proofing and cleaning



Join our service in 4 easy steps



For our prices:

- Go to www.thewindowcleanerco.uk
- Phone: 07950 726722
- www.facebook.com/thewindowcleaner101/



Other services we offer:

- Conservatory roof cleaning
- Gutter clearing and cleaning
- Solar panel, pigeon proofing and cleaning

Neurodiverse and seeking emotional help and support?

AfN can help.

We have counsellors, student counsellors and emotional support workers who can help you from as little as **£17.50** per hour.



We can offer couples counselling, family counselling, and individual counselling.



All our therapists possess both experiential - *i.e. are neurodiverse themselves and/or have close familial experience* - and academic knowledge of autism/ADHD.

As pioneers of neurodiverse counselling, we bring to the therapeutic space nearly twenty years of experience in the field.

Autism Specialist Counselling Centre, 9 Darwin House, Corbygate Business Park, Priors Haw Road, Corby Northamptonshire, NN17 5JG
Charity Registration 1148790



Preferred contact

Email:

info@actionforneurodiversity.org

or telephone: **01536 266681** and leave an answerphone message.



*T&C's apply. Please see website for details.

**carehome.co.uk scores are based on independent reviews with a maximum score of 10. Rating correct as at 25/11/2024.

9.9

Priors Hall
carehome.co.uk
score**

On a daily basis, there is laughter to be heard & wonderful memories made.

Priors Hall relative carehome.co.uk review



In a recent survey of all our care homes, when asked if 'Staff treat them with kindness, dignity and respect',
98.2% of family and friends agreed.



Who Cares? We do, and we always will.

3 weeks for 2 on shorter stays*

Considering care? We're only a friendly
call away 01536 614 701

or visit www.anchor.org.uk/PriorsHall

Priors Hall care home, 1 Regents Place,

Corby NN17 5BH

12 Top Tips for Winter Wellness

Be prepared:

1. We all need a little extra vitamin D in the winter, especially if you have darker skin or cover your body in the summer. Vitamin D supports your bones, muscles and teeth. Adults and children over the age of 4 years need to be taking 10mcg of vitamin D daily in the autumn and winter (you will be advised by your medical team if you need a higher dose).

2. Try to stay warm and anticipate when wintry weather is forecast. Using draught excluders and keeping windows closed at night will reduce heat loss. To save money you can mostly heat the rooms where you spend more time, ideally to at least 18 degrees. Consider dressing in layers of thinner clothes which may keep you warmer than very thick jumpers. If you are worried about the cost of heating your home you may be eligible for help, ask to talk to the Social Prescribing Link Worker at your GP surgery.

3. If you are taking prescribed medication, please avoid running out and make sure you order them in good time. Order medication early if it is due to be collected on a bank holiday. You can order repeat prescriptions via the NHS App or online via your own surgery's website.

4. If you are eligible for one of the winter vaccinations such as flu, covid and pneumonia and have not yet booked an appointment, please book this at your GP surgery or local pharmacy.

5. If a loved one has died since last winter, you may wish to think about your plans for the festive traditions and other significant days. Some people find it helpful to think about and plan the aspects that you want to keep the same and decide if you want to change the way you do other things.

Healthy Habits for Body and Mind:

6. Exercise is great for mental and physical wellbeing. Exercise that builds strength such as Yoga and Tai Chi can be as helpful as well as the types that raise your heart rate.

Try to spend time outside as often as possible when it is light. Talk to your GP practice if you are interested in the reduced prices available for Exercise on Referral.

7. Quality of sleep can make a significant difference to how you feel in the day, and ideally adults should avoid daytime naps. Try to keep phones and other screens out of your bedroom and make sure the room is the right temperature. Stimulants such as nicotine and caffeine should be avoided for at least 2 hours before bedtime since they can stop you from getting to sleep. Try to avoid regular sleeping tablets since they can be addictive, and the quality of sleep is not always ideal. If sweating, restless legs or leg pains are disturbing your sleep you may wish to discuss this with a clinician at your GP practice since there may be an underlying reason.

8. For many people the winter is a time for making resolutions and you can get support to reduce your alcohol or recreational drug use. S2S are there to support you and can be contacted on 0808 169 8512. If you need help to stop smoking contact our local services on 0300 126 5700 (option 2). If you are going to parties over the festive season consider how you will get home, be careful with how much alcohol you drink and be aware of your surroundings.

9. Some people will want to consider taking up new hobbies and meeting new people, and it can be difficult to know how to do this. Our local GP surgeries have Social Prescribing Link Workers can help to connect you with local groups and activities, ask to talk to them via the reception team. Many people find social media can have a negative effect on their wellbeing, and you may wish to consider taking some time away from it if this is affecting you. People usually show only the best views of their life online, this often does not match their reality. Take the time to connect with people in real life and be aware of people in our community who may be lonely or isolated.

Dr
Joanne
Watt
GP Great Oakley
Medical Centre



10. If you are an adult who is struggling with your mental health (or care for someone who is having a difficult time) please call the mental health hub on 0800 448 0828 (open 24 hours a day and 7 days a week) and they will help to get you the mental wellbeing help needed. You may also wish to drop in to the Corby Crisis café on Argyll Street which is open Thursday and Friday 12noon-10pm and 2-8pm on a Sunday. Young people aged 11-18 can get support from Youthworks on 01536 518339

Local support and services:

11. If you need help from the NHS consider contacting your local pharmacy for advice on minor ailments. Pharmacists can now issue prescription-only medicines for certain winter conditions. These include ear infections (aged 1-17 yrs), sore throat (over 5 yrs), sinusitis (12 yrs and over), impetigo (aged over 1), and urine infections in women (16-64 yrs).

12. If you need medical help when your GP surgery is closed, please contact 111 by phone or online since they will be able to contact the out of hours General practice services overnight, at weekends and on bank holidays. For minor injuries you can attend the UCC from 8-8, 7 days a week. If you have an emergency or serious illness you may need to attend A+E.

If you want to know more about any of these topics visit www.nhs.uk, www.patient.co.uk or talk to a clinician at your community pharmacy or GP practice.

ASK DR JOANNE WATT!
Do you have a subject you wish our Dr to cover?
Email: craig.barber@focussedpublications.co.uk



Tom O'Neill
07521 598 757
TomOneill@TRScaffoldLTD.co.uk

Stephen Marlow
07946 073 122
StephenMarlow@TRScaffoldLTD.co.uk

Phil Cox
07946 072 913
PhilCox@TRScaffoldLTD.co.uk

INDUSTRIAL | COMMERCIAL | RESIDENTIAL

TR Scaffold, your trusted partner for comprehensive scaffolding solutions in Northamptonshire. With a commitment to safety, efficiency, and customised support, we're here to enhance your construction and maintenance projects.

Explore our range of services, tailored to meet your unique needs, and discover how **TR Scaffold** can make your endeavours a success. Your vision, our expertise – building together, securely, and efficiently.



Lakelands Christmas Prize Draw 2024

1st Prize: £300 CASH

Tickets available from the Hospice on
Butland Rd, Corby, Drawn 18th Dec

Thanks to our
two sponsors



**Hospice events,
Save the date:**

7th Dec Christmas Tree Drive - family event, book using the email below

Lakelands hosts 'Santas Workshop' - Craft session, story read by Santa and a grotto visit, 14th and 15th Dec, 2.30 - 4pm, £8per child advance booking only

6th Jan, 10 - 12noon, Lakelands Hospice Coffee Morning

17th Jan, Bingo Night, 7pm, £9pp, advance booking only

Contact lynnette@lakelandshospice.org.uk, NN18 8LX, 01536 747755



East Northants 1st Taekwondo...
JOIN US THIS JANUARY!
 We're in Corby on Monday and Friday evenings

MONDAY'S:
 Oakley Vale Community Centre, 20 Butland Road
 NN18 8JF (8pm to 9pm)

FRIDAY'S:
 Brooke Weston Academy
 Coomb Road
 NN18 8LA (7pm to 8pm)
 In the Sports Hall

Email: info@1st-taekwondo.com

Adults, children and families are all welcome at our taekwondo classes. We cover a range of skills that can help with coordination, self-control, confidence and self-defence; all within a fun, team environment.

Reclaim your belt grade / start your Taekwondo journey with us, two months for the price of one
Sign up before 15th January 2025

Visit 1st-taekwondo.com to book your free taster session with us!

Find us on @EastNorthants1stTaekwondo info@1st-taekwondo.com 1st-taekwondo.com

PetPen

5% OFF
 USE CODE: **FOC5**

Are you a puppy or dog owner who values the benefits of crate training but dislikes the idea of a cage?
 Introducing PetPen: The Ideal Solution

petpen.co.uk

A MEMBER OF **AOD**
 ASSOCIATION OF DOG OWNERS

LO-COST FENCING & SONS QUALITY FENCING AT AFFORDABLE PRICES

**NO JOB TOO LARGE OR TOO SMALL
 7 DAYS A WEEK**

Panels • Feather Edge • Concrete Posts • Picket Pales • Gates • Repairs
 Post & Rail • We remove all trees and hedges and replace with fencing
Guaranteed for 5 years

CALL TODAY FOR YOUR FREE QUOTE **01536 764 683**

BEFORE **AFTER**

DURABLE
 ROOFING & BUILDING
 LIMITED

Job completed in Gold Street Wellingborough

**DO YOU
 HAVE A
 LEAK?**

OUR Christmas PROMISE
 We guarantee to attend any call out and repair your emergency before Christmas

We specialise in:

- New Roofs
- Flat Roofs
- Tile & Slate Roofs
- Leadwork
- Re-pointing Chimney Stacks
- All Roof Repairs
- Valleys Repaired
- New PVC Fascias & Gutters
- External Painting
- Moss Removal

All Work Guaranteed Quality & Reliability Competitive Prices

New Roofs & Roof Repairs
 Durable has it covered!

01536 689063 | 01832 599063 | 07575 295094

FACIALS IPL HAIR REDUCTION LASHES
NAILS **GLAM** BEAUTY|EDUCATION BROWS

HOME BASED BEAUTY SALON IN CORBY
CONTACT JEMMA ON 07377353950

TRAINING IN ALL ASPECTS OF BEAUTY !! AND ONLINE

Fully accredited and insured

A ONE STOP SHOP FOR ALL YOUR
CLEANING & MAINTENANCE NEEDS

REGULAR CLEANING
Weekly, fortnightly & Monthly

DEEP CLEANING
One off cleans
End of Tenancy
Jet washing
Carpet & Upholstery

SPECIALISED CLEANS
Hoarding
Biohazard
Declutter & organisation
After party cleans

MAINTENANCE
Household repairs
Furniture assembly
Window & door repairs
And so much more....

Tripl3 RRR Buildings & Plastering

PLASTERING • BRICKLAYING • DRIVEWAYS
PAVING • EXTENSIONS • PORCHES

rrr_builders_plastering 07818 497851

Pet Supplies delivered to your door
serving Corby & surrounding areas

Mooch Munchies
Release The Treats

🐾 Natural Dog Treats
🐾 Raw Dog Food
🐾 Supplements, Enrichment

moochmunchies.com

Funded by UK Government

OPEN DAY

TUESDAY 28 JANUARY 5.00PM - 7.00PM

North Northamptonshire Council

THE CORBY SIXTH FORM

BOOK NOW

QR CODE

Do you know someone who will benefit from one of these vouchers? Refer to a friend

10% OFF **LASER LIKE** By Kerry

HAIR REMOVAL OF 3 AREAS

PLEASE SHOW VOUCHER find us on Facebook and Instagram

ELECTRICIAN

How Safe Is Your Home?
For £95+VAT
We will visually inspect Your Home's Electrical System and provide you with a report!

Call David Now: 01536 665 036

Offer is only valid with this voucher!

20% OFF **Access4Lofts**

ANY LADDER FITTED WHEN HAVING 5 METRES+ OF BOARDING FITTED

QUOTE: 'focussed' 01536 688226

Priors Hall care home corby **anchor**

Join us for a 3 weeks for the price of 2 shorter stay*

*T&C's apply. Please see www.anchor.org.uk/PriorsHall for details.

FREE REGISTRATION **brats DAY NURSERY**

ONLY VALID WITH THIS VOUCHER
QUOTE: FOCBRATS 01536 401881

HALF PRICE NEW FASCIAS & GUTTERS **DURABLE ROOFLINE LIMITED**

Quote: FOC23 to claim the above.
Not to be used in conjunction with any other offer. 01536 689063

£200 OFF **MARGARET ROSE FUNERALS**

TRADITIONAL CREMATION PACKAGE

01536 203045

5% OFF **PetPen**

Quote: FOC5 to claim the above.
Not to be used in conjunction with any other offer. 01536 264573

FREE MOT **CORBY AUTOMOTIVE SOLUTIONS**

WITH EVERY FULL SERVICE

This voucher **MUST** be presented to receive discount 01536 601236

10% OFF **Charlbeck JEWELLERS**

All repairs to jewellery
ONLY VALID WITH THIS VOUCHER 01536 264573

£100 OFF **BOOTH'S GARDEN STUDIOS**

MENTION FOCUSED 07746 665560

241 2 MONTHS FOR THE PRICE OF ONE **TAGB EAST NORTHANTS TAE KWON DO**

Mention Focussed to receive the offer info@1st-taekwondo.com



MON - FRI
08:30-17:00

www.kmautomotivecentre.co.uk

- ▶ M.O.T
- ▶ REPAIRS
- ▶ SERVICING
- ▶ TYRES
- ▶ DIAGNOSTICS
- ▶ AIR CONDITIONING
- ▶ CLUTCHES
- ▶ EXHAUSTS

CLASS 4
M.O.T
£40



01536 264 031

Unit 1 Dale Street, Corby NN17 2BQ

96.3
Corby
RADIO
'The Voice of Corby'

LISTEN AGAIN NOW LIVE
Never miss your favourite show again!

visit www.corby.radio
and select 'Listen again' from the menu

LISTEN NOW:



www.corby.radio

T: 01536 265666 || studio@corby.radio

Come and visit us at the Corby Radio Studios Behind Studfall Shops -
Caldan House, Unit 2, Dale St, Corby NN17 2BQ

Charlbeck
JEWELLERS

EASY
PAYMENT
TERMS
AVAILABLE

We Stock:

- ♦ Wedding designs and Eternity Bands
- ♦ Large selection of Engagement rings
- ♦ Large range of mens jewellery
- ♦ Loose diamonds
- ♦ Pre-owned Rolex, Cartier and
- ♦ Omega Watches
- ♦ Precious metal jewellery (Platinum, Gold, Silver)
- ♦ Handmade Silver jewellery

We also

- ♦ Repair broken jewellery
- ♦ Replace lost stones
- ♦ Replace watch batteries
- ♦ Repair broken watches
- ♦ Buy unwanted gold jewellery
- ♦ Provide written valuations
- ♦ Rhodium Plate White Gold



CHARLBECK BULLION:

We buy all precious metals, including platinum, palladium, gold, silver and broken jewellery.

INSTANT CASH PAYMENT OR BANK TRANSFER



01536 264573
sales@charlbeck.co.uk

www.charlbeck.co.uk

19 The Balcony, Corporation St,
Corby Northants. NN17 1NL

Honoring Hallie Mae Colquhoun: The Legacy of Ignite Impact Foundation

The **Ignite Impact Foundation** stands as a powerful tribute to the life and vision of Hallie Mae Colquhoun, a remarkable young woman whose passion for dance and dedication to mental health and body positivity continues to inspire.

Hallie's dance journey began at the tender age of two, where she quickly recognized the challenges dancers face, particularly around mental well-being and body image. Rather than accept these shortcomings as the norm, Hallie took a stand. Her personal struggles with body dysmorphia fueled her determination to spark change within the dance industry.

At just 18 years old, Hallie turned her dreams into reality by founding Ignite Dance Space (IDS) in Corby, Northamptonshire. Her tireless efforts and strong community ties led to an impressive 77 students enrolling in her classes before they were set to begin on September 20th, 2023. IDS was designed not just to deliver high-quality dance training but also to foster a culture of positivity, inclusivity, and self-acceptance—ensuring no student ever felt inadequate or unwelcome.

Tragically, Hallie's journey was cut short on September 12th, 2023, when a fatal road traffic accident claimed her life. This heartbreaking loss, however, has not silenced her dream. Hallie's vision continues to shine brightly through the Ignite Impact Foundation.

The foundation is dedicated to carrying Hallie's mission forward—breaking the stigma around mental health in dance and providing education on self-care and well-being for dancers. Recognizing that these issues extend far beyond the dance community, Ignite Impact Foundation seeks to create safe spaces where everyone, regardless of background, can feel empowered and supported.

www.igniteimpact.co.uk

IGNITE DANCE SPACE

In September 2024, the foundation will launch its Wellbeing Hub, a vital step in ensuring Hallie's legacy lives on. This hub will provide resources and programs to help individuals build confidence, boost self-esteem, and embrace their authentic selves.

Through the Ignite Impact Foundation, we continue Hallie's dream of changing lives—one step, one dance, and one moment of self-belief at a time.

We invite you to join us in this journey, where positivity, resilience, and empowerment take centre stage. Together, we will honor Hallie Mae Colquhoun's legacy and keep her light shining brightly.





Rightio Plumbing & Heating

01536 384 447

We work across **Corby**, including **Weldon, Priors Hall, Little Stanion** and all **surrounding areas**.

COMPETITIVE RATES

- ✓ Fast Response
- ✓ All Work Guaranteed
- ✓ Flexible Appointment Times

12 Month
Guarantee on labour!
Excludes blockages

OAP Discount
Speak to us today!

1-2 Hour
Emergency Response time!


650921

OUR SERVICES

- ✓ Boiler Breakdowns
- ✓ Boiler Servicing
- ✓ Radiators & Pipes
- ✓ Tanks & Cylinders
- ✓ Toilets & Taps
- ✓ Leaks & Bursts
- ✓ Showers
- ✓ Clearing Blockages
- ✓ Pipework Replacement
- ✓ Gas Safe Certified

Celebrate Christmas at

 **Waffle & more**
DESSERTS & RETRO DINER

Enjoy 1 hr Free Arcade
With Our
Festive Delight Orders

Check Our Facebook Page/ In Store for Menu Details

 **Scan the QR Code to Reserve a Table Today**

Arcade Subject to Availability. Offer Available from 29/11/2024-12/01/2025

NEED A PLUMBER?

BLOCKED DRAINS, BLOCKED SINKS, BLOCKED TOILETS - **CLEARED FAST**

- Plumbing, Heating & Drainage
- Drains - Internal & External
- CCTV Surveys
- High Pressure Jetting
- Manual Rodding
- Toilets, Sinks, Bathrooms
- Emergency Plumbing & Drainage
- Insurance Work Undertaken
- Fully Qualified Engineers Covering Your Area

**NO
CALL-OUT
CHARGE**

We quote
all prices
including VAT
- No Hidden
Extras

**SENIOR
CITIZEN
& NHS
DISCOUNTS**

CALL OUR FRIENDLY TEAM 24/7
01933 375281

Nº1PHD
PLUMBING HEATING & DRAINAGE



No1PHD Ltd, Company No: 11927404, Reg. in England & Wales.



TIME TO RECLAIM YOUR LOFT SPACE

We are specialists in loft ladders and hatches for easy and safe access to your loft. We also provide boarding, lighting and insulation solutions. Call us now to find out how we can help you turn your lost space into a really useful loft space.



WHAT MAKES US DIFFERENT

- No waiting around. We arrive on time, every time
- Lifetime Guarantee
- Reliable, local company working in your home
- Extra confidence because we are accredited by Which? Trusted Traders
- Absolutely no mess and no fuss



Call Kevin to book a FREE survey & quotation WWW.ACCESS4LOFTS.CO.UK

01536 688226



**AUTOMOTIVE
SOLUTIONS**

Mon - Fri:
8.30am-5pm

Your complete vehicle repair garage



MOT || Servicing || Brakes || Clutches
Engine repair || Gearbox repair
Exhausts || Tyres || Wheel alignment
Cam belts || Timing chains || Air con



ROADSIDE RECOVERY

If you break down on the roadside we have access to a tow truck and can bring you to our garage if your vehicle is unable to be brought to us.

www.automotivesolutionscorby.com

99B Rockingham Rd, Corby NN17 1JW

01536 601236



Automotive Solutions Corby



[automotivesolutionscorby](https://www.instagram.com/automotivesolutionscorby)

Foster Carer provides 30 years of love and support to over 400 children and young people.



Hundreds of children in Corby need loving foster families to help them overcome difficult starts in life. As a foster carer, you have the power to transform their lives, creating positive outcomes and providing a safe and loving home environment.

Foster Carer Chris began her journey in the '90s after she wanted to help make a difference. Since joining Nexus Fostering in 2005, an Ofsted outstanding fostering agency, she has fostered over 400 children ranging from teenagers to sibling groups and younger children. Her experience raising her own children and as a childminder prepared her for the role, but she highlights that anyone with the time, dedication, and a spare bedroom can foster.

Children come into foster care for many different reasons, so being patient, empathetic, and kind is key. One foster child stayed with her for nearly a decade, forming a deep bond between them. Chris shared that 'the children often become a part of your family.'

Adapting to being a foster carer can feel like a significant change, and at first, it may be challenging. But with the support of your local team in Ampthill and guidance from your dedicated Supervising Social Worker, you can navigate this journey with confidence. You are never alone, with support available 24/7.

Over the years, Chris has said goodbye to many children, who either returned home or moved on to independence when they reached adulthood. Chris shares, 'I am still in touch with many children and young people, which I love. One is now 43 and has their own family!' Sharing how she copes with saying goodbye, Chris tells us 'I always offer to keep in touch with the young people and maintaining a good relationship with the child's family when you are taking care of them helps, which has got to be carefully done.' When teenagers move on to independent living, Chris is there to support their choices. 'If that means helping with washing and cooking them a meal now and then while continuing to teach them life skills, then I am okay with that. I enjoy being able to continue helping them.'



Chris and her daughter, whom she lives with, like to give each child a memorable send-off, often inviting family and friends over for a BBQ or a meal to spend quality time together. She says that sometimes, you may not know exactly when a child will leave, so it's important to be careful about what you share to avoid confusion.

Chris's open home has created decades of wonderful memories and has impacted the lives of hundreds of children and young people. Whether you foster one child or many, every foster carer makes a difference.

To learn more about fostering, contact your local team in Ampthill on **01462 431 774** for an informal chat about how you can become a foster carer and help local children have a brighter future.



For more information visit www.nexusfostering.co.uk

POP'S Brain Busting Quizzes

KID BRAIN TEASERS

- 1: What has one eye, but can't see?
- 2: What is the end of everything?
- 3: What is red and smells like blue paint?

CROSSWORD

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20				21		22			23		24			
		25			26		27			28				
29	30			31		32								
33			34							35		36	37	38
39							40	41						
42							43							
			44		45	46						47		
48	49	50							51		52			
53					54			55		56			57	58
59				60		61			62		63			
64						65					66			
67						68					69			

	2		3			9		1	
		1					9		6
4									
6		2	1			7	8	3	
			5	7	2				
7	4	1			3	2		5	
								1	
1		8					4		
	3		2			6		8	

BRAIN TEASERS

- A:** What has many teeth, but cannot bite?
B: What can you hold in your right hand, but never in your left hand?
C: Two in a corner, one in a room, zero in a house, but one in a shelter. What am I?
D: What starts with a T, ends with a T, and has T in it?

Across

1. Make an impression?
5. Diamond Head's home
9. Dog who played Eddie on "Frasier"
14. White as a ghost
15. Privy to
16. Garment worn by Flo and Alice
17. Like some tea
18. Talk like Daffy
19. Argue against
20. Pooch from Wales
22. Fix, at the vet's
24. Greet the day
25. Lady's man
27. Thirst quencher
29. ___ Day
31. Solidly built
33. Cold War competition
35. Full of back talk
39. ___ of limitations
40. Nutrition label unit
42. Church council
43. Wearing black, maybe
44. Trustworthy
47. Relax, slangily
48. Kind of wheel
51. Spreadsheet filler
53. Orchard fruit
54. Leaves home?
56. "Same here!"
59. Fort Knox bar
61. Edit menu option
63. Like Jack Sprat's diet
64. Do a salon job
65. Ruckus
66. Fender flaw
67. Public figure?
68. Can't stand
69. Conclusion starter

Down

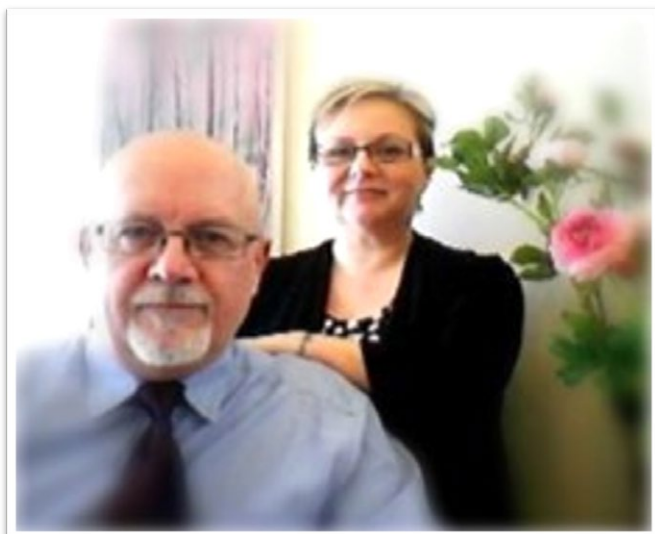
1. Kind of proportions
2. Mexican fare
3. Religious leader
4. Beat around the bush
5. Painter's medium
6. Spanish cordial
7. Home for the sick
8. Post-vacation task
9. Damage
10. Game with a character named "Cavity Sam"
11. Elliptical path
12. Lush
13. Stage direction
21. Unwelcome visitor
23. Welcome word at a proposal
26. "___ does it!"
28. Educated
29. Physics calculation
30. Pretentious, perhaps
32. Cooler contents
34. Place for supplies
36. Armed ship of old
37. Lodgepole, for one
38. Burglar
40. Corn holder
41. New Year's word
43. Ink cartridge color
45. Beyond tipsy
46. Arrival en masse
48. Nutmeg, e.g.
49. Mortise's mate
50. Colonel's insignia
52. Diacritic mark
55. Cut and paste
57. Zingy taste
58. Not duped by
60. Take a stab at
62. Kind of deposit

MARGARET ROSE FUNERALS

www.margaretrosefunerals.co.uk

YOUR FUNERAL - YOUR WAY

Our aim is to provide the funeral you want, the way you want it. From easy cremation packages to bespoke services and burials. You ask - We listen.



CREMATION PACKAGES FROM JUST £3,630

WE OFFER GREEN BURIALS USING ECO-FRIENDLY COFFINS AT SEVERAL NATURAL BURIAL GROUNDS

We provide prepaid funeral plans in association with Ecclesiastical Planning Services. **Your Plan - Your Way.**

CONTACT US NOW ON 01536 203045

enquiries@margaretrosefunerals.co.uk

43a High Street, Corby NN17 1UU



IT'S OKAY TO TALK!

GOING THROUGH
A STORM
OR JUST BEEN
THROUGH ONE?

ANDYSMANCLUB
are talking
groups for men to
HELP YOU through
those storms.



FIND OUT MORE info@andysmanclub.co.uk
www.andysmanclub.co.uk

#ITSOKAYTALK

**ANDYSMANCLUB
CORBY**

CORBY
Visit the website to
access all the up
to date live venue
information

**EVERY MONDAY
@ 7PM EXC.
BANK HOLS**

ANDYSMANCLUB LTD is a
Registered Charity in England
and Wales (1179647) Scotland
(SC054185) and a Company
Limited by Guarantee, registered
in England and Wales (1118153)

www.lovecorby.co.uk



Sign up to Love Corby and
link your business with the
local community, with a
whole bundle of benefits!

ONLY £125 PER YEAR
Just £10.42 per month!

Come and join the family!



SCAN
TO
JOIN



**INSTAFRESH
Scents**



Affordable Designer
Inspired Perfume,
Aftershave & Body
Spray/Mist Dupes
that are strong
scented and long
lasting without the
luxury price tag

20% OFF

**YOUR 1ST ORDER
VIA OUR WEBSITE
with Checkout Code:
Scents20**

Tel: 01536 260247 / 07385 214442
Email: info@instafreshscents.co.uk

eBay Shop: Scentsalicious
Based in Priors Hall, Corby

WWW.INSTAFRESHSCENTS.CO.UK

Des Barber: Celebrating 50 Years in Music & 15 Years of Corby Radio

This year, **Des Barber** marks two incredible milestones — **50 years in the music industry** and **15 years since the launch of Corby Radio**.

Des began his career in 1974 at just 15 years old alongside his friend Iain Duffy, launching Dezeen Discos with makeshift equipment, including decks in a bread crate and matches securing electrical wires. By the end of the year, Des met Karen, his future wife, who helped him purchase proper equipment, enabling him to establish "Contac Disco." Des became a beloved DJ, playing at venues like The Shire Horse and The Silver Band, while often donating his time for charity events.

Des and Karen married in 1977 and raised three children, all while Des expanded his DJ career to include nightclubs across Northamptonshire and beyond. His deep love for Northern Soul, Philly, Motown, and Modern Soul became his signature, and he remained a passionate vinyl collector.

In 1992, Des's lifelong dream of working in radio began when he joined KCBC. Starting as a tea maker, his skills and passion soon landed him a presenter role. After working at stations like Lite FM and PCR FM, Des launched a small-scale radio license in 1996, planting the seeds for a station in Corby. Despite setbacks, including lobbying Parliament, he persisted.

In 2004, Des and Karen moved to Spain, opening a soul bar and working on local radio. While abroad, regulations for community radio licenses changed, giving Des the opportunity he'd long fought for. Returning to Corby, he secured the town's first full-time radio license, and Corby Radio went live on December 5, 2009.

www.corby.radio

01536 265666 || txt: 963corby + MSG to 88802



Des has worked tirelessly to keep the station thriving, championing new technologies like DAB and podcasts while continuing to support local charities. Despite health challenges, Des remains active on the Northern Soul scene, DJ-ing across Europe and appearing in the film Do I Love You.

As he transitions to a slightly slower pace, setting up a home studio for live shows, Des's impact on Corby's community and music scene is undeniable. Congratulations, Des, on 50 years of dedication and passion — **your legacy inspires us all.**



★ THE CORBY RADIO SOUL BOYS PRESENT ★

A SOULFUL MIX OF
EVERYTHING SOUL

NEW YEARS EVE 2024
8pm-12:30am!

Playing Hits from Soul Legends Across the Decades
MOTOWN • NORTHERN • FUNKY SOUL • A TOUCH OF MODERN • DISCO SOUL

FEATURING
DES BARBER & ANDY BARNES

MEGA RAFFLE
Raising funds for Corby Radio

TICKETS £12
ONLY AVAILABLE FROM CORBY RADIO STUDIOS

Des: 07710 134 925 for details

CORBY RADIO ADVERTISING WILL BOOST YOUR BUSINESS

STARTUP SPECIAL
50% OFF
AIR TIME FOR 3 MONTHS*

Corby Radio 96.3

Contact Craig on
sales@corby.radio
Mob: 07710 569 142
Studio: 01536 265 666

*for new business less than 6 months old

www.corby.radio

Corby Lottery
Supporting **Corby Radio**

Help us raise vital funds and buy your Corby Lottery Tickets through our page.

Simply go to www.corbylottery.co.uk and search for 'Radio' and we will receive 50% of the ticket money, helping to keep your station going

You could win upto £25,000!
Whilst giving back to the community
A further 10% goes to other good causes in Corby
SHOW YOUR SUPPORT AND WIN PRIZES - It's a WIN WIN

Call: 01536 265 666
www.corbyradio.com
studio@corbyradio.com
Text: 963CORBY + MSG to 88802

Corby Radio 96.3

04 12 22 29 34 47

ONLY £39.99 A GREAT XMAS PRESENT!

Corby Radio 96.3
ON AIR Experience

Have you ever wanted to do your own Radio Show?
Well here is your chance!

- You choose the tunes
- You host the show with your favourite Presenter
- Corby Radio Goodie Bag

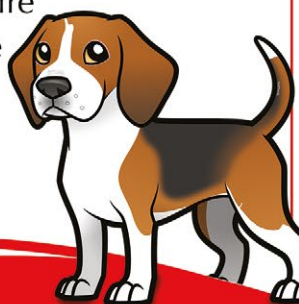
Call: 01536 265 666
or pop in to the all NEW, purpose built Corby Radio Studios Behind Studfall Shops
Caldan House, Unit 2, Dale St, Corby NN17 2BQ



TLC
TLC PROPERTY
Sales & Management Ltd

- 📈 Experts in residential Sales and Lettings
- 📈 Estate/Block Management
- 📈 ARLA qualified staff
- 📈 Members of the ombudsman scheme

Covering
Cambridgeshire
Leicestershire
Northants
Rutland
South Lincs



TEL: 01536 402323
Email: sales@tlcproperty.co.uk
13 BALCONY PARADE, CORPORATION STREET,
CORBY, NORTHANTS NN17 1NL
www.tlcproperty.co.uk

Slimming World
feel real good
free recipe book worth £4.95*

Come and join my group!
CORBY OLD VILLAGE COMMUNITY CENTRE
Saturdays at 8.30am or 10am
Show this advert and if you join with a
6 or 12 week countdown
you won't pay any membership fees!
You could even be eligible
for a FREE 12 week Self Referral
Ask me for details
SUE 07590 313933
real food, real support, real results
Slimming World
touching hearts, changing lives

*When you commit to 12 weeks of group support between 22nd Dec 2024 and 25th Jan 2025. Price shown is RRP. Terms and conditions apply. Visit slimmingworld.co.uk/offers for more information.

**CORBY'S UNIQUE
ADVERTISING CAMPAIGN**
covering **3 MEDIA PLATFORMS IN ONE HIT**



MAGAZINE ADVERT:
FULL/HALF PAGE ADVERT
(2 MONTHS)
VOUCHER (2 MONTHS)



CORBY RADIO ADVERT
5 PLAYS IN DAY +
3 THROUGH THE NIGHT
= **240 PLAYS** (1 MONTH OF PACKAGE)
2nd month optional add on



ONLINE:
WEBSITE =
permanent magazine download
SOCIAL MEDIA
POSTS =
4 POSTS PER DAY
Across:
Facebook
X
Instagram
LinkedIn

2 MONTH PACKAGE
Your next customer will
hear you on
Corby Radio,
see you in the magazine
and across all
Focussed socials

Call Focussed on 07710 569 142

MONTHLY COMPETITIONS

IT'S EASY TO ENTER!!
Simply message 'GIVE ME THAT PRIZE'
to competitions@focussedpublications.co.uk or via our
Facebook, X (Twitter) or Instagram pages - search @Focussedpublications
You will be entered into all draws for the next 2 months

TRAPP'D
WIN TWO ENTRIES TO
TRAPP'D ESCAPE ROOMS
AT ANY LOCATION

DESTROY'D
WIN TWO ENTRIES TO
TRAPP'D DESTRUCTION
ROOMS AT CORBY

TWINLAKES
ALL ACTION! ALL WEATHER! THEME PARK!
WIN A
FAMILY TICKET

BLAKE'S PLACE
WIN A
BLOW DRY
@BLAKE'S PLACE - INSIDE
CHARLES BARRY 2 BUTLAND RD

INSTAFRESH Scents
WIN A £20 VOUCHER
TO SPEND AT
INSTAFRESHSCENTS.CO.UK

IRON PIT WOODS ADVENTURE
WIN 2 COMBI TICKETS
WORTH £21.95 EACH!
IRON PIT WOODS
GOLF ADVENTURE

THUNDERBOWL
WIN 1
GAME OF BOWLING
FOR 6 PEOPLE!!

CORBY TOWN FC
WIN TWO
MATCH TICKETS
TO ANY CORBY TOWN FC
HOME GAME

**WIN A PAIR OF TICKETS TO
DO I LOVE YOU -**
AT THE CORBY CUBE
14TH-15TH FEBRUARY 2025
**A HILARIOUS
DANCE-FUELLED COMEDY**

HELPING YOU MAGNIFY YOUR SALES
focussed on Corby
ISSUE 42: FEB/MARCH 25
- BOOKING DEADLINE
22nd January 2025
DELIVERED FREE BI-MONTHLY TO 25,000 HOMES
GET MORE CUSTOMERS!

**Reach 25,000
homes in Corby**
inc. Weldon, Little Stanion & Priors Hall

- Magazine Advert - Get seen
- Magazine Voucher - instantly know where the sale came from
- Corby Radio Advert with professional advert
- Daily Social Media posts across 4 platforms
- Appear on Focussed website permanently:
Link for use of digital magazine
- Use of Focussed & Corby Radio badge to lead clients to your advertisements

Craig Barber: 07710 569 142
craig.barber@focussedpublications.co.uk
www.focussedmarketing.com

focussed

PUBLICATIONS

*Focussed Publications
congratulate all the
nominees and winners
of this year's
'Spirit of Corby'
awards*

*Spirit of
Corby*

*Focussed on Corby
Magazine.*

*delivered to 25,000 homes
Leaflet Drops available*

*Focussed Digital Trailer - 3 Available
Plays video, images & audio*



FOCUSSED ADVERTISING & MARKETING SOLUTIONS

A **ONE-STOP SHOP** for all your business Advertising & Marketing needs, offering an array of services all in one place allowing you to get on with your own work. Leave the stress to us!



MAGAZINE (25,000 HOMES)

- Adverts various sizes
- Editorials
- Advertorials
- Vouchers
- Competitions
- Social media posts/shares
- FREE advert design
- Digital magazine to send on



RADIO (B2B & B2C)

- Corby Radio packages
- Show sponsorships
- Top of the hour advert - 24/7
- Focussed adverts
- Road Shows
- Web banner adverts (3K+ hits per month)



BUSINESS SERVICES

- Digital Trailer (Plays Videos & Audio)
- Leaflet drops - residential monthly
- Business leaflet drop - Northants businesses quarterly
- Quality Design services
- Printing : Flyers / Posters / Business Cards / Displays / Promo Products & more

